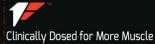


fuel:one









4 WEEK

PHOSPHA BUILD fuels your one with scientifically tested phosphatidic acid.

<sup>1</sup>This clinically tested compound has been shown in clinical research to double muscle gains in test subjects compared to a placebo. In fact, these test subjects gained 5.3 lbs. of muscle and increased their strength on the leg press by 60% more than subjects using a placebo in just 8 weeks.

<sup>2</sup>In a separate phase of the same study. pre-clinical research showed that phosphatidic acid increased mTOR signalling by over 6 times compared to baseline.

<sup>3</sup>What's more, PHOSPHA BUILD is also powered by a tested dose of tart cherry, shown in emerging research to support recovery and fight catabolism. Use PHOSPHA BUILD every day to provide both anabolic and anti-catabolic power, PHOSPHA BUILD delivers the musclebuilding factors you need to get big, and the anti-catabolic factors you need to stay that way - whatever life throws at you.

# We fuel vour one.

Every athlete has their one goal. Whether it's one more workout, one more rep, one more ride, or one more win - we fuel your one.







**NEW** 

Scientifically Formulated Phosphatidic Acid

5.3 lbs. of Muscle in 8 Weeks\*,1 60% More Strength<sup>♣,1</sup> Boosts mTOR Signalling by Over 6 Times\*,2 With Tart Cherry for Anti-Catabolism\*,3

750MG phosphatidic acid 4 WFFK

Results based on core ingredient testing. See back of label for study details. DIETARY SUPPLEMENT 140 SOFTGELS fuel:one

## **Supplement Facts** Serving Size: 5 Softgels Servings Per Container: 28

Amount Per Serving % Daily Value

Phospha Build Matrix

Mediator® (Phosphatidic acid-enriched soy lecithin) Supplying 50% phosphatidic acid

Tart cherry fruit powder (as Prunus cerasus)

†Daily Value not established

Other Ingredients: Medium Chain Triglyceride Oil, Gelatin, Glycerin, Purified Water, Monoglycerides & Diglycerides from Medium Chain Triglycerides, Silicon Dioxide, Titanium Dioxide, FD&C Red No. 40, FD&C Yellow No. 6, and FD&C Blue No. 1. Contains Sov Ingredients.

DIRECTIONS: Take 1 serving (5 softgels) once daily On workout days, take 30 minutes before training, Do not exceed 5 softgels in a 24-hour period. Read the entire label before use and follow directions provided.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program, KEEP OUT OF REACH OF CHILDREN.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

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