



fuel:one™



**Every sport.
Every lifestyle.**

fuel:one™ develops advanced, powerful, and safe sports nutrition products for every sport and every lifestyle. We make products that increase muscle, enhance strength, and fuel your best athletic performance. We empower athletes and fitness enthusiasts to reach their goals without any banned substances – whether it's one more workout, one more rep, one more ride, or one more win. We fuel your one.

NEW
fuel:one

Pre-Workout Performance

6TH GEAR™

Features Nitrates for Powerful Pumps▲
Instant Boost of Energy, Focus, and Intensity▲
Amplifies Training Performance & Endurance▲

FRUIT PUNCH BLAST FLAVOR

320MG | **3.2G** | **ZERO**
nitrates* | beta-alanine* | creatine & sugar



DIETARY SUPPLEMENT
NATURAL & ARTIFICIAL FLAVOR

*Per 2 scoops
NET WT. 3.92 oz. (111g)

fuel:one™



Supplement Facts

Serving Size: 1 Scoop (3.8g)
Servings Per Container: Approx. 30

Amount Per Serving	% Daily Value
Calories	0
Total Carbohydrate	1g <1%*
Sugars	0g †
Vitamin C (as ascorbic acid)	15mg 25%
Calcium	17mg 2%
Beta-alanine (CarnoSyn®)	1600mg †
Nitrate Complex	645mg †
L-arginine nitrate	†
L-citrulline nitrate	†
Beet root (as <i>Beta vulgaris</i>)	†
Pre-Workout Focus Matrix	301mg †
Caffeine anhydrous	150mg †
Sacred lotus seed extract (as <i>Nelumbo nucifera</i>)	†
Standardized to 1% higenamine	†
Agmatine sulfate	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, CALCIUM SILICATE, ACESULFAME-POTASSIUM, SUCRALOSE, BEET ROOT POWDER (COLOR), PROCESSED IN A FACILITY THAT ALSO PROCESSES MILK, SOY, WHEAT, TREE NUT, AND SHELLFISH INGREDIENTS.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, or diagnosed with, or have a family history of any medical condition or if you are using any prescription or over-the-counter drugs, including blood thinners. Some individuals may experience a harmless tingling sensation from the concentrated performance dose of beta-alanine. Do not use if you have had a myocardial infarction (heart attack). Inhalation may amplify the inflammatory airway response in people with asthma. One serving of this product contains up to as much caffeine as approximately 1½ cups of coffee (150mg). Caffeine sensitive individuals may experience the following symptoms, including (but not limited to) restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate, or difficulty sleeping. Do not combine with other sources of caffeine or stimulants. Do not take while fasting. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. **KEEP OUT OF REACH OF CHILDREN.**



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DIRECTIONS: Consume 30 to 45 minutes before activity. We strongly recommend assessing your tolerance by using 1 scoop mixed in 6 oz. of water, especially if you're sensitive to stimulants. Once you're comfortable with 1 scoop, you can increase to 2 scoops mixed in 12 oz. of water for maximum results. Do not exceed 2 servings in a 24-hour period. Drink 8 to 10 glasses of water daily for general good health. Read the entire label before use.

Make Muscles. Not Excuses.

320MG
nitrates*

3.2G
beta-alanine*

ZERO
creatine & sugar

*Per 2 scoops

6TH GEAR™ fuels your one with 320mg of muscle-pumping nitrates, 300mg of energy-boosting caffeine, and 3.2g of powerful beta-alanine in every 2 scoops – and that's just the beginning. Featuring beet root powder, agmatine, and sacred lotus, **6TH GEAR™** is a truly complete pre-workout that'll rock you from the very first dose! What you won't find are added sugars, artificial colors, dyes, or marketing hype. **6TH GEAR™** delivers the best pumps, performance, strength, energy, and focus you need to power through.▲ Whether it's one more workout, one more rep, one more ride, or one more win – *we fuel your one.*

The fuel:one™ standard.



Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

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