

ENDURANCE.  
POWER.  
PERSEVERANCE.

unique™

## THIS IS WHAT ACTIVE HYDRATION IS ALL ABOUT

When active, you sweat. When you sweat, you become dehydrated. When dehydrated, you may as well go home — there's no way you'll be on your game. Even a scant 2% dehydration can noticeably hinder your physical and mental performance. Chugging water to "catch" up won't be much help either — during activity it takes too long to absorb. In fact, water will likely slosh around in your stomach and cause discomfort.

That's why we developed FLOODID, the scientific approach to hydration. It has proper osmolality (oz-mole-a-l-a-tea). For you this means quicker-than-water hydration where you need it most — out of your gut and into your body to give you ENDURANCE. To stay in top form, you need more than hydration alone — you need energy, you need to replace lost electrolytes, and you need to preserve muscle. FLOODID brilliantly includes a 3:2:1 blend of energy-yielding carbohydrates plus replenishing electrolytes to POWER your performance. To protect muscle, FLOODID even supplies BCAA amino acids that support PERSERVERENCE to keep you pushing limits.†

Learn more about Flooid and all GQ-6 products at  
[www.GQ-6.com](http://www.GQ-6.com)

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ENDURANCE.  
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PERSEVERANCE.™



JI-KYU ROKU

FLOODID™  
3:2:1 Hydration Base

Supports Optimum†  
Hydration, Power  
and Recovery

Tropical  
Punch

NO ARTIFICIAL SWEETENER, FLAVOR OR COLOR ADDED.

DIETARY SUPPLEMENT  
NET WT. 33.86oz (960g)

**DIRECTIONS:** Mix 1 scoop in 16-24 oz of water.

## SUPPLEMENT FACTS

Serving Size 32 grams (1 Scoop)  
Servings Per Container 30

| Amount Per Serving                                    | %DV*        |
|-------------------------------------------------------|-------------|
| Calories                                              | 115 Kcal ** |
| Total Carbohydrates                                   | 28 g 9%     |
| Sugars                                                | 13 g **     |
| Sodium (as Sodium Chloride & Sodium Citrate)          | 550 mg 19%  |
| Potassium (as Potassium Citrate & Potassium Chloride) | 125 mg 4%   |
| Chloride (as Sodium Chloride & Potassium Chloride)    | 205 mg 6%   |
| Calcium (as Calcium Citrate)                          | 25 mg 3%    |
| Magnesium (as Magnesium Citrate)                      | 15 mg 4%    |
| GQ-6 Flooid Carbohydrate Blend (3:2:1)                | 24575 mg ** |
| Maltodextrin, Sucrose, Fructose                       |             |
| GQ-6 Flooid BCAA Blend (4:1:1)                        | 975 mg **   |
| L-Leucine, L-Isoleucine, L-Valine                     |             |

\* Percent Daily Value are based on a 2,000 calorie diet

\*\* Daily Values not established

**OTHER INGREDIENTS:** Maltodextrin, Natural Flavor (Tropical Punch), Citric Acid, Silicon Dioxide

MANUFACTURED EXCLUSIVELY FOR:  
UNIQUE NUTRITIONAL, LLC  
North Brunswick, NJ 08902 USA  
1-800-606-6008

MADE IN THE USA

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STORE IN A COOL, DRY PLACE. KEEP OUT  
OF REACH OF CHILDREN.

Consult your healthcare professional  
prior to use if you have or suspect a medical  
condition, are taking prescription drugs, or are  
pregnant or lactating.

**CONTAINS NO:** Eggs, Wheat, Soy, Gluten,  
Fish, Shell Fish, Milk, Nuts, Tree Nuts

**Gluten Free**

†These statements have not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure or prevent any disease.



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