

ENDURANCE.
POWER.
PERSEVERANCE.

THIS IS WHAT ACTIVE HYDRATION IS ALL ABOUT

When active, you sweat. When you sweat, you become dehydrated. When dehydrated, you may as well go home — there's no way you'll be on your game. Even a scant 2% dehydration can noticeably hinder your physical and mental performance. Chugging water to "catch" up won't be much help either — during activity it takes too long to absorb. In fact, water will likely slosh around in your stomach and cause discomfort.

That's why we developed FLOOID, the scientific approach to hydration. It has proper osmolality (oz-mole-dl-ateo). For you this means quicker-than-water hydration where you need it most — out of your gut and into your body to give you ENDURANCE. To stay in top form, you need more than hydration alone — you need energy, you need to replace lost electrolytes, and you need to preserve muscle. FLOOID brilliantly includes a 3:2:1 blend of energy-yielding carbohydrates plus replenishing electrolytes to POWER your performance. To protect muscle, FLOOID even supplies BCAA amino acids that support PERSERVERENCE to keep you pushing limits.[†]

Learn more about Flooid and all GQ-6 products at
www.GQ-6.com

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Pro Cycling Team



ENDURANCE.
POWER.
PERSEVERANCE.™

unique_™



FLŌŌİD™
3:2:1 Hydration Base

Supports Optimum[†]
Hydration, Power
and Recovery

Green
Apple

JI-KYU ROKU

NO ARTIFICIAL SWEETENER, FLAVOR OR COLOR ADDED.

DIETARY SUPPLEMENT
NET WT. 33.86oz (960g)

DIRECTIONS: Mix 1 scoop in 16-24 oz of water.

SUPPLEMENT FACTS

Serving Size 32 grams (1 Scoop)
Servings Per Container 30

Amount Per Serving		%DV*
Calories	115 Kcal	**
Total Carbohydrates	28 g	9%
Sugars	13 g	**
Sodium (as Sodium Chloride & Sodium Citrate)	550 mg	19%
Potassium (as Potassium Citrate & Potassium Chloride)	125 mg	4%
Chloride (as Sodium Chloride & Potassium Chloride)	205 mg	6%
Calcium (as Calcium Citrate)	25 mg	3%
Magnesium (as Magnesium Citrate)	15 mg	4%
GQ-6 Flōōİd Carbohydrate Blend (3:2:1)	24575 mg	**

Maltodextrin, Sucrose, Fructose

GQ-6 Flōōİd BCAA Blend (4:1:1) 975 mg **

L-Leucine, L-Isoleucine, L-Valine

* Percent Daily Value are based on a 2,000 calorie diet
** Daily Values not established

OTHER INGREDIENTS: Natural Flavor (Green Apple), Citric Acid,
Silicon Dioxide, Maltodextrin

MANUFACTURED EXCLUSIVELY FOR:
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 MADE IN THE USA

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STORE IN A COOL, DRY PLACE. KEEP OUT
OF REACH OF CHILDREN.

Consult your healthcare professional
prior to use if you have or suspect a medical
condition, are taking prescription drugs, or are
pregnant or lactating.

CONTAINS NO: Eggs, Wheat, Soy, Gluten,
Fish, Shell Fish, Milk, Nuts, Tree Nuts

Gluten Free

[†]These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

