

Promotes

- appetite control†
- positive mood†
- stress relief†
- reduced anxiety†

Please see our web site for more information about how to make the most of BrighterDay.

www.vitalast.com/brighterday

Vitalast®
brighterday™

Suggested Use: One capsule, twice daily.
For appetite control, take before meals.†

See our web site for links to clinical studies.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Appetite Control
with Mood Support†**

**Dietary Supplement
72 Capsules**

Supplement Facts

Serving Size 1 Capsule

Servings per Container 72

Amount Per Serving	
Sensoril® ashwagandha root and leaf extract	125 mg*
<i>Rhodiola rosea</i> root extract (3% rosavins & 1% salidroside)	170 mg*
5-HTP (from <i>Griffonia simplicifolia</i> seed extract, min. 95%)	50 mg*

* Daily Value not established

Other Ingredients: Gelatin, Rice Flour, Magnesium Stearate, and Silica. Keep out of the reach of children. If you have a health condition or are taking medication, consult your doctor before taking. Discontinue use and consult a physician if adverse reaction occurs. Do not use if seal is broken or missing. Protect from heat, light and moisture. Store at 15-30°C (59-86°F).



Manufactured in the U.S.A. in a GMP certified facility for
Vitalast® LLC
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