



NATURE'S BOUNTY®

ABC Plus®

**MULTI-VITAMIN AND
MULTI-MINERAL FORMULA**

DIETARY SUPPLEMENT

PROMOTES HEART HEALTH*

COMPARE AND SAVE

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving %Daily Value

Vitamin A	3,000 IU	75%
(as Vitamin A Acetate and 25% as Retinyl Palmitate)		
Vitamin C	60 mg	100%
(as Ascorbic Acid)		
Vitamin E	400 IU	100%
(as Troloxiferol)		
Vitamin D	20 IU	40%
(as D-Alpha-Tocopheryl Acetate)		
Vitamin K	25 mcg	50%
(as Phylloquinone)		
Thiamin	115 mcg	100%
(as Thiamine Mononitrate)		
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Nicotinamide)	25 mg	100%

Other Ingredients: Vegetable Cellulose, Contains 40% of Crystalline Cellulose (H3B), Yellow #6 Lake, Black, Titanium Dioxide Color, Vegetable Magnesium Stearate.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse medical occur. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Vitamin B-6	1 mg	100%
(as Pyridoxine Hydrochloride)		
Folic Acid	400 mcg	100%
(as Folic Acid)		
Vitamin B-12	2 mcg	100%
(as Cyanocobalamin)		
Biotin (as D-Biotin)	30 mcg	100%
Acetylcholine	15 mg	100%
(as L-Carnitine Pyruvate)		
Calcium	200 mg	20%
(as Calcium Carbonate and Dicalcium Phosphate)		
Selenium (as Ferrous Sulfate)	15 mcg	100%
Phosphorus	25 mg	5%
(as Dicalcium Phosphate)		
Copper	100 mcg	100%
(as Cuprous Sulfate)		
Magnesium	50 mg	10%
(as Magnesium Oxide)		
Zinc (as Zinc Oxide)	11 mg	100%
(as Zinc Oxide)		

Copper (as Cuprous Sulfate)	11 mg	10%
Manganese	2.1 mg	100%
(as Manganese Sulfate)		
Chromium	20 mcg	20%
(as Chromium Picolinate)		
Molybdenum	45 mcg	60%
(as Sodium Molybdate)		
Glucose	11 mg	2%
(as Potassium Chloride)		
Potassium	50 mg	10%
(as Potassium Chloride)		
Sodium (as Potassium Chloride)	11 mg	1%
Sodium (as Sodium Chloride)	1 mg	1%
Sodium (as Sodium Chloride)	1 mg	1%
Sodium (as Sodium Chloride)	11 mg	1%
Sodium	10 mg	1%
(as Sodium Molybdate)		

*Daily Value not established.

No Artificial Flavors, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

*This statement has not been evaluated by the Food and Drug Administration. No product is intended to diagnose, treat, cure or prevent any disease.

For more information on this product, visit our website at www.NaturesBounty.com.
1-800-4-A-HEALTHY-1-800-4-HEALTHY

For additional health tips and to join our "Healthy Living Healthy Rewards" program, visit www.NaturesBounty.com.

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