

SUPPLEMENT FACTS

Serving Size: 1 scoop (55 g)
Servings Per Container: 25

	Amount Per Serving	% Daily Value†
Calories	210	
Cholesterol	10 mg	3%
Total Carbohydrates	47 g	16%
Sugar	24 g	**
Protein	5 g	10%
Calcium (from Whey Protein Concentrate)	32 mg	3%
Sodium	70 mg	3%
Potassium (from Whey Protein Concentrate, Potassium Phosphate)	280 mg	8%

†Percent Daily Values are based on a 2,000-calorie diet.

**Daily Value not established.

INGREDIENTS: Natural carbohydrate complex (Dextrose, Maltodextrin), Whey protein concentrate, Potassium phosphate, Carrageenan, Soy lecithin, and Sodium chloride.

ALLERGEN WARNING: This product contains milk (whey protein concentrate) and soy (soy lecithin). Manufactured in a plant that also processes soy, egg, fish, crustacean shellfish, peanuts, tree nuts, and wheat (gluten) ingredients.

STORAGE: Keep tightly closed in a cool, dry place.

WARNING: Consult with a healthcare professional if pregnant, breast feeding, providing to a child, or if you have any medical conditions. Keep out of reach of children.

BEACHBODY®
EXTREME NUTRITION

FUEL SHOT

NUTRITION FOR
MUSCLE GROWTH*

1-MONTH SUPPLY • DIETARY SUPPLEMENT
NET WT 3 LBS 0.5 OZ (1,375 G)

Bounce back and get big faster.*

Kick-start your recovery after even the most punishing workout with Beachbody® Fuel Shot. You can blow past fatigue with an injection of performance-enhancing calories for raging strength and a monster pump.*

- Drives nutrients into muscle fiber for greater strength*
- Replenishes depleted glycogen to reduce muscle fatigue*

WHY IT WORKS: Enters the bloodstream quickly for near-instant anabolic support, to nourish muscle cells and enhance power and recovery. Use daily for greatest acceleration in muscle endurance, size, and strength.*

DIRECTIONS: Consume only on workout days. Mix 1 heaping scoop (55 grams) with 6 to 8 ounces prepared Beachbody Hardcore Base Shake or a high-carbohydrate beverage (like grape juice) and consume within 30 minutes of intense exercise. **For optimal results, use with Beachbody Hardcore Base Shake, Beachbody M.A.X. Creatine, and Beachbody Super Suma.**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

© 2012 Beachbody, LLC. All rights reserved. Distributed by Beachbody, LLC, Santa Monica, CA 90404. Beachbody, LLC, is the owner of the Beachbody and Team Beachbody trademarks, and all related designs, trademarks, copyrights, and other intellectual property. If you are a member of the Team Beachbody® community, contact your Coach for information and support, or log in at TeamBeachbody.com. For Beachbody and Team Beachbody Customer Service, please call 1 (800) 818-5174 or go to Beachbody.com.



SULBL0029/SUBB31102 Rev. 08/13/12 Made in USA