

**WARNINGS:** Not to be used by individuals under the age of 18. Do not use if you are pregnant, or contemplating becoming pregnant, or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, or diagnosed with or have a family history of any medical condition, or if you are using any prescription or over-the-counter drug(s), including blood thinners. This product should not be consumed by persons with cardiovascular disorders, anxiety or sleep disorders. Caffeine sensitive individuals may experience the following symptoms, including (but not limited to) restlessness, nervousness, tremors, headaches, anxiety, palpitations, increased heart rate or difficulty sleeping. Do not combine with other sources of caffeine or stimulants. Consult a medical doctor before starting any diet or exercise program. Discontinue use two weeks prior to surgery. Do not exceed the recommended dosage as improper use of this product will not improve results and is not advised. Use only as directed. **Do not use if imprinted seal under cap is broken.** Protect from heat, light and moisture. Store at 59-86F (15-30C). **IMPORTANT: KEEP OUT OF REACH OF CHILDREN.**

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[www.Last10lbs.com](http://www.Last10lbs.com)  
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**NEW!** WORLD'S 1ST SHORT TERM FAT BURNER

# LAST



**60 CAPSULES**

**Dietary Supplement**

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

|                                                                                                                | Amount Per Serving |
|----------------------------------------------------------------------------------------------------------------|--------------------|
| Fat Burning Complex Blend                                                                                      | 403 mg             |
| ADIPROMIN® [Proprietary blend of curcuma longa (rhizome), moringa oleifera (leaf) and murraya koenigii (leaf)] | -                  |
| Caffeine anhydrous                                                                                             | -                  |
| Green coffee bean extract (45% chlorogenic acids)                                                              | -                  |
| Theobromine                                                                                                    | -                  |
| Raspberry ketone                                                                                               | -                  |

\* Daily value not established.

Other ingredients: gelatin, rice flour, magnesium stearate, and silica.

**DIRECTIONS:** As a dietary supplement, take 1 serving (2 capsules) with an 8 oz. glass of water approximately 30 minutes before breakfast or your first meal. Do not exceed 6 capsules in a 24-hour period. Avoid snacking, and drink 10 glasses of water each day. Avoid usage within 5 hours of bedtime. For best results, use for 60 days in combination with diet and training. Do not use for more than 8 weeks. Read the entire label before use and follow the directions provided.

For maximum weight loss, take an additional 2 capsules 30 minutes before lunch with an 8 oz. glass of water along with 2 capsules 30 minutes before dinner with an 8 oz. glass of water. Ensure each dosage is spaced apart a minimum of 4 hours. Do not exceed 6 capsules in a 24-hour period. Individual tolerances vary. Ensure you achieve your comfort with each stage before increasing your dosage.