

EPA and DHA from Fish Oil both have the ability to promote heart, circulatory, and metabolic health.* Coenzyme Q-10 is an antioxidant that appears in almost every cell of the body, which plays a role in fighting free radicals in cells.* Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Fish Oil is purified to eliminate mercury, PCBs and dioxins.*

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 14876 B14875 05C

NATURE'S BOUNTY®

Fish Oil 1000mg *Plus* Co Q-10

**Promotes
Cardiovascular,
Heart & Metabolic
Health***

**RAPID RELEASE
LIQUID SOFTGEL**



50 softgels **DIETARY SUPPLEMENT**

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Fish Oil	1,000 mg (1 g)	***
provides 300 mg of Omega-3 Fatty Acids, comprising of:		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Coenzyme Q-10	30 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soy Lecithin. Contains <2% of: Annatto Color, Mixed Natural Tocopherols, Rice Bran Oil, Titanium Dioxide Color, Yellow Beeswax.

Contains soy and fish (anchovy, mackerel, sardine) ingredients.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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