

EPA and DHA from Fish Oil are "good" fats that are known to promote heart and circulatory health.* This unique formula also contains high potency Vitamin D3. Vitamin D3 supports normal antibody production by the immune system, while promoting bone health.*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 19405 830779 05E

NATURE'S BOUNTY®

Fish Oil+D3

Fish Oil
1200mg

Vitamin D3
1000 IU

per softgel

Promotes Heart,
Immune &
Bone Health*

RAPID RELEASE
LIQUID SOFTGEL



90 softgels

PURIFIED TO
ELIMINATE
MERCURY,
PCBs & DIOXINS

OMEGA-3



DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Cholesterol	10 mg	3%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	200%
Fish Oil	1,200 mg (1.2 g)	***
provides 360 mg of Total Omega-3 Fatty Acids†		
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Contains <2% of Mixed Natural Tocopherols, Natural Caramel Color.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

Carefully Manufactured by NATURE'S BOUNTY, INC.

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4