

PRODUCT BENEFITS: A member of the family of B Vitamins, Biotin serves as a coenzyme in carboxylation reactions which are useful in many of the body's functions, including gluconeogenesis, fatty acid synthesis, propionate metabolism and leucine metabolism.* Biotin promotes healthy hair, skin and nails.*

Directions: For adults, take one (1) capsule daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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PROD. NO. 55231

To refill please call 1-800-765-6775
or visit www.physilogics.com

Carefully Manufactured by PhysiLogics, LLC
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05E

Physio**Logics**®

Biotin
5 mg

Supports Skin & Hair Health*

**Dietary Supplement
60 Vegetarian Capsules**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Biotin (as d-Biotin)	5,000 mcg (5 mg)	1,667%
Calcium (as Dicalcium Phosphate)	148 mg	15%
Phosphorus (as Dicalcium Phosphate)	115 mg	11%

Other Ingredients: Cellulose (Plant Origin), Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.