

higher nature®



NO ARTIFICIAL
SWEETENERS

MULTI
VITS & MINERALS

20
effervescent
tablets

FOOD SUPPLEMENT

✓ Fruity & fizzy, comprehensive formulation with 22 vitamins and minerals.

MULTI VITS & MINERALS

Natural raspberry with sugars and sweeteners.

PRODUCT INFORMATION:

One tablet typically provides:

		%RDA*		%RDA*
Vitamin D3 (100iu)	2.5µg	50	Biotin	25µg 50
Vitamin E (45iu)	30mg α-TE	250	Pantothenic Acid (Vitamin B5)	25mg 417
Vitamin K1	40µg	53	Calcium	200mg 25
Vitamin C	100mg	125	Magnesium	100mg 27
Thiamin (Vitamin B1)	12.5mg	1136	Iron	5mg 36
Riboflavin (Vitamin B2)	12.5mg	893	Zinc	7.5mg 75
Niacin (Vitamin B3)	25mg NE	156	Manganese	2mg 100
Vitamin B6	5mg	357	Selenium	15µg 27
Folic Acid	100µg	50	Chromium	15µg 38
Vitamin B12	5µg	200	Molybdenum	15µg 30
			Iodine	30µg 20
			Beta-Carotene	400µg

*RDA = Recommended Daily Allowance

INGREDIENTS: Acidity regulator: citric acid; fructose, calcium carbonate, magnesium carbonate, sodium bicarbonate, L-ascorbic acid, dl-α-tocopheryl acetate (emulsifier); acacia gum; thickener: modified tapioca starch; colour: beetroot powder (potato maltodextrin, acidity regulator: citric acid); flavour: raspberry (potato maltodextrin, emulsifier: acacia gum; humectant: triacetin; antioxidant: lactic acid; emulsifier: propylene glycol alginate); ferrous gluconate, d-calcium pantothenate, nicotinamide, sweetener: steviol glycosides; riboflavin 5-phosphate sodium, manganese gluconate, thiamin hydrochloride, zinc oxide, chromium trichloride (sweetener: mannitol); pyridoxine hydrochloride, cyanocobalamin (sweetener: mannitol); beta-carotene (thickener: modified food starch; glucose syrup, antioxidant: dl-α-tocopherol; anti-caking agent: tricalcium phosphate); phytonadione (glucose syrup, emulsifier: acacia gum; anti-caking agent: tricalcium phosphate); potassium iodide (sweetener: mannitol); sodium molybdate (sweetener: mannitol); d-biotin (sweetener: mannitol); sodium selenate, cholecalciferol (antioxidant: dl-α-tocopherol; emulsifier: acacia gum; sugar; anti-caking agent: tricalcium phosphate); copper gluconate, folic acid.

Suitable for vegetarians.

DOES NOT CONTAIN:

Soya, gluten, yeast, lactose, dairy products, artificial preservatives, colours, flavourings, Aspartame, Saccharine, Sucralose or Acesulfame K.

DIRECTIONS:

Adults and children over 13 years, take 1 tablet a day or as your health professional advises. Add to water. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Store in a cool, dry, steam-free environment out of the reach of children.

Best before end: see base



FIM-251-03

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