

****Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat and cholesterol content.**

Fish Oil contains EPA and DHA, which help support and maintain the health of your cardiovascular system and circulatory system.* Omega-3 fatty acids are considered one of the "good" fats and help maintain triglyceride levels already within a normal range.*

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 13329 B35857 101

NATURE'S BOUNTY

Fish Oil

1200mg | Omega-3

**May Reduce
Risk of Coronary
Heart Disease****
(see side panel)

**PURIFIED TO
ELIMINATE
MERCURY,
PCBs & DIOXINS**



**RAPID RELEASE
LIQUID SOFTGEL**



100 softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%***
Polysaturated Fat	0.5 g ****
Cholesterol	10 mg 3%
Fish Oil	1,200 mg (1.2 g) ****
provides 360 mg of Omega-3 Fatty Acids,	
comprising of:	
EPA (Eicosapentaenoic Acid)	****
DHA (Docosahexaenoic Acid)	****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

Product of Peru

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

Purified to eliminate mercury

Carefully Manufactured for **NATURE'S BOUNTY, INC.**
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