

NATURE'S BOUNTY

Advanced Prescriptive Formulas™

# Diabetes Support Pack

MULTIVITAMIN & MINERAL SUPPLEMENT



## Multivitamin/Mineral

High potency supplement providing essential vitamins and minerals such as Vitamin A for eye health and Vitamin E and B-6 for heart health.\*



## Cinnamon/Chromium Picolinate

Cinnamon promotes healthy glucose and sugar metabolism, and these beneficial effects can in turn support heart and circulatory health.\* Taking advantage of the benefits of Cinnamon in supplement form may be a more practical choice than just relying on the small amounts found in some foods.



## Alpha Lipoic Acid

Alpha Lipoic Acid is a vitamin-like antioxidant that supports good health.\* In addition, Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants.\*



## Selenium

Selenium is an essential mineral that supports the prostate and immune system.\* As an integral part of thyroid hormone metabolism, Selenium assists in regulating the body's metabolic rate.\* Selenium also complements Vitamin E to help fight free radicals.\*



## Folic Acid

Folic Acid is an essential B vitamin that helps maintain cardiovascular and nerve function.\*



## Co Q-10

Coenzyme Q-10 is naturally found in almost every cell of the body.\* Co Q-10 levels may decrease due to factors such as age and environmental stress.\*



## Vitamin C with Bioflavonoids

Vitamin C plays an important role in supporting immune function.\* As an antioxidant, Vitamin C helps neutralize harmful free radicals in cells.\*

## Supplement Facts

Serving Size 1 Packet  
Servings Per Container 30

| Amount Per Serving   |                | %Daily Value |
|--|----------------|--------------|
| Calories   | 10             |              |
| Total Carbohydrate   | 2 g            | 1%**         |
| Dietary Fiber  | 1 g            | 4%**         |
| Sugars   | 0 g            | ***          |
| Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)                      | 2,500 IU       | 50%          |
| Vitamin C (as Ascorbic Acid)   | 560 mg         | 933%         |
| Vitamin D (as Cholecalciferol)   | 500 IU         | 125%         |
| Vitamin E (as dl-Alpha Tocopheryl Acetate)                                     | 50 IU          | 167%         |
| Vitamin K (as Phytonadione)  | 30 mcg         | 38%          |
| Thiamin (as Thiamin Mononitrate)   | 1.5 mg         | 100%         |
| Riboflavin (Vitamin B-2)   | 1.7 mg         | 100%         |
| Niacin (as Niacinamide)  | 20 mg          | 100%         |
| Vitamin B-6 (as Pyridoxine HCl)  | 3 mg           | 150%         |
| Folic Acid   | 800 mcg        | 200%         |
| Vitamin B-12 (as Cyanocobalamin)   | 25 mcg         | 417%         |
| Biotin (as d-Biotin)   | 30 mcg         | 10%          |
| Pantothenic Acid (as d-Calcium Pantothenate)                                   | 10 mg          | 100%         |
| Calcium (as Calcium Carbonate, Dicalcium Phosphate and d-Calcium Pantothenate) | 416 mg         | 42%          |
| Phosphorus (as Dicalcium Phosphate)  | 137 mg         | 14%          |
| Iodine (as Potassium Iodide)   | 150 mcg        | 100%         |
| Magnesium (as Magnesium Oxide)   | 50 mg          | 13%          |
| Zinc (as Zinc Oxide)   | 11 mg          | 73%          |
| Selenium (as Selenium Yeast and Sodium Selenate)                               | 255 mcg        | 364%         |
| Copper (as Cupric Sulfate)   | 0.5 mg         | 25%          |
| Manganese (as Manganese Sulfate)   | 2.3 mg         | 115%         |
| Chromium (as Chromium Picolinate)  | 245 mcg        | 204%         |
| Molybdenum (as Sodium Molybdate)   | 45 mcg         | 60%          |
| Chloride (as Potassium Chloride)   | 72 mg          | 2%           |
| Potassium (as Potassium Chloride)  | 80 mg          | 2%           |
| Cinnamon (Cinnamomum cassia) (bark)  | 1,000 mg (1 g) | ***          |
| Alpha Lipoic Acid  | 50 mg          | ***          |
| Bioflavonoid Complex   | 39 mg          | ***          |
| Rose Hips  |                |              |
| Citrus Bioflavonoids (Citrus sinensis) (fruit)                                 |                |              |
| Coenzyme Q-10  | 10 mg          | ***          |
| Silicon (as Silicon Dioxide)   | 2 mg           | ***          |
| Lycopene   | 300 mcg        | ***          |
| Lutein   | 250 mcg        | ***          |
| Boron (as Boric Acid and Sodium Borate)  | 150 mcg        | ***          |
| Vanadium (as Sodium Metavanadate)  | 10 mcg         | ***          |
| Nickel (as Nickel Sulfate)   | 5 mcg          | ***          |

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Gelatin, Rice Bran Oil, Brewer's Yeast, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin, Vegetable Stearic Acid, Polyvinyl Alcohol, Titanium Dioxide Color, Croscopidone, Turmeric (color), Soy Lecithin, Yellow Beeswax, Polyethylene Glycol, Magnesium Silicate, Natural and Artificial Flavor, Starch, FD&C Blue No. 2 Lake, FD&C Yellow No. 6 Lake, FD&C Red No. 40 Lake.

Contains soy, wheat and fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

NATURE'S BOUNTY

Advanced Prescriptive Formulas™

1 PACKET PER DAY

# Diabetes Support Pack

MULTIVITAMIN & MINERAL SUPPLEMENT

Nature's Bounty®, the maker of *Diabetes Support Packs*, is proud to support the *Diabetes American Research Corporation's* efforts to support Diabetic Research.

NATURE'S BOUNTY

Advanced Prescriptive Formulas™

1 PACKET PER DAY

# Diabetes Support Pack

MULTIVITAMIN & MINERAL SUPPLEMENT

Scientifically Formulated Nutritional Support for People with Diabetes

Multivitamin With Lutein

Alpha Lipoic Acid

Cinnamon & Chromium Picolinate

Selenium

Folic Acid

Co Q-10

Vitamin C

SUGAR-FREE

30 Day Supply Packets

NOT ACTUAL SIZE

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) packet daily, preferably with a meal. If preferred, the cinnamon capsule can be opened and the capsule contents added to your favorite beverage or food.

No Sugar, No Milk, No Lactose, No Shellfish.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if outer wrap is missing or torn.

Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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COATING FREE AREA