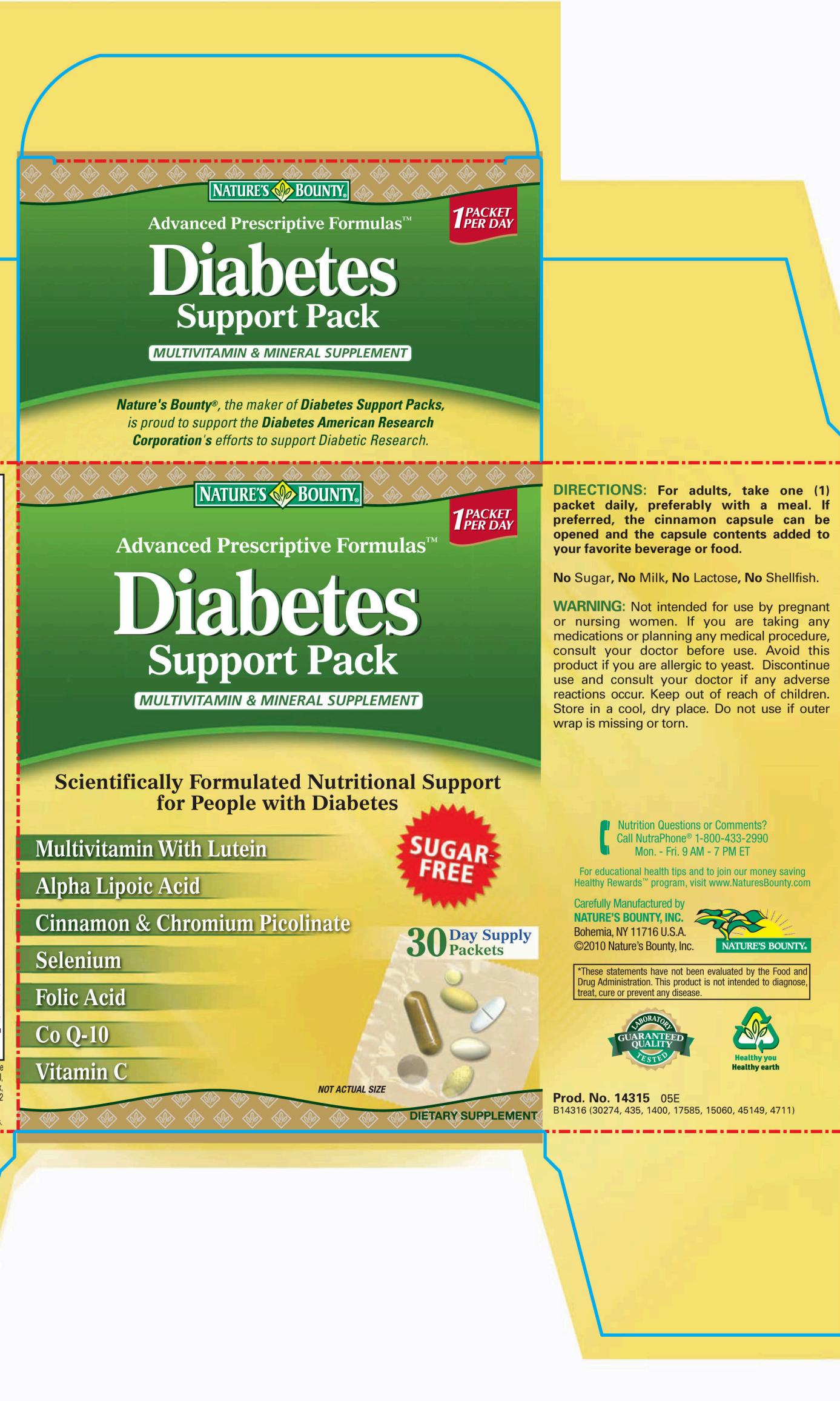


Supplement Facts	
Serving Size 1 Packet	%Daily Value
Amount Per Serving	
Calories	10
Total Carbohydrate	2 g 1%**
Dietary Fiber	1 g 4%**
Sugars	0 g ***
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	560 mg 933%
Vitamin D (as Cholecalciferol)	500 IU 125%
Vitamin E (as d-Alpha Tocopherol Acetate)	50 IU 167%
Vitamin K (as Phytomenadione)	30 mcg 38%
Thiamin (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	3 mg 150%
Folic Acid	800 mcg 200%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Biotin (as d-Biotin)	30 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Calcium	416 mg 42%
(as Calcium Carbonate, Dicalcium Phosphate and d-Calcium Pantothenate)	
Phosphorus (as Dicalcium Phosphate)	137 mg 14%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	11 mg 73%
Selenium	255 mcg 364%
(as Selenium Yeast and Sodium Selenate)	
Copper (as Cupric Sulfate)	0.5 mg 25%
Manganese (as Manganese Sulfate)	2.3 mg 115%
Chromium (as Chromium Picolinate)	245 mcg 204%
Molybdenum (as Sodium Molybdate)	45 mcg 60%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Cinnamon (Cinnamomum cassia) (bark)	1,000 mg (1 g) ***
Alpha Lipoic Acid	50 mg ***
Bioflavonoid Complex	39 mg ***
Rose Hips	
Citrus Bioflavonoids (Citrus sinensis) (fruit)	
Coenzyme Q-10	10 mg ***
Silicon (as Silicon Dioxide)	2 mg ***
Lycopene	300 mcg ***
Lutein	250 mcg ***
Boron (as Boric Acid and Sodium Borate)	150 mcg ***
Vanadium (as Sodium Metavanadate)	10 mcg ***
Nickel (as Nickel Sulfate)	5 mcg ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Rice Bran Oil, Brewer's Yeast, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin, Vegetable Stearic Acid, Polyvinyl Alcohol, Titanium Dioxide Color, Crospovidone, Turmeric (color), Soy Lecithin, Yellow Beeswax, Polyethylene Glycol, Magnesium Silicate, Natural and Artificial Flavor, Starch, FD&C Blue No. 2 Lake, FD&C Yellow No. 6 Lake, FD&C Red No. 40 Lake.

Contains soy, wheat and fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.



COATING FREE AREA