

PRODUCT INFORMATION

Two heaped teaspoons typically provide:

Phosphatidyl choline

1028mg

Phosphatidyl inositol

800mg

INGREDIENTS: Phosphatidyl choline-rich lecithin granules (from soya).

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



HIGHER NATURE®

LECITHIN

with 18%
phosphatidyl choline

UNBLEACHED
150g granules
VEGAN

FOOD SUPPLEMENT

LECITHIN with 18% phosphatidyl choline 150g granules

LEC150

DIRECTIONS: Adults and children over 8 years take 1 heaped teaspoon 2-4 times a day with a meal, or as your health professional advises. Try sprinkled on cereal, cooked or fresh food, or mixed into juices or soups. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This product is guaranteed sourced from soya, grown from Identity Preserved (IP) seeds.



LEC-047-03

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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