

PRODUCT BENEFITS: These tablets provide a unique combination of B-Complex vitamins along with their biologically active coenzyme forms for optimal absorption and utilization of nutrients.* The B vitamins play a role in energy metabolism in the body.* Choline and Inositol are essential components of cell membranes.*

Directions: For adults, take one (1) tablet daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN. Store in a dry place and avoid excessive heat.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Laboratory Tested to Guarantee Quality

For Health Care Professional Use Only

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PROD. NO. 50291

To refill please call 1-800-765-6775

or visit www.physiologics.com

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Physio**Logics**®

B-50 Complex

**Supports Nervous
System Health***

**Dietary Supplement
120 Tablets**



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin (as d-Biotin)	50 mcg	17%
Pantothenic Acid (as d-Calcium Pantothenate and Pantethine)	55 mg	550%
Magnesium (as Magnesium Citrate)	24 mg	6%
Choline (as Choline Bitartrate)	21 mg	**
Soy Lecithin	50 mg	**
Inositol	50 mg	**
Pyridoxal-5-Phosphate	5 mg	**
Riboflavin-5-Phosphate	5 mg	**

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin). **Contains <2% of:** Cellulose Coating, Dicalcium Phosphate, Mannitol, Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, preservatives, sugar, starch, milk, lactose, gluten, wheat, yeast, fish, sodium.