## PRODUCT INFORMATION

One capsule typically provides: CranRich™

(concentrated whole cranberry and standardised extract, with natural cranberry fibre) 500mg

INGREDIENTS: CranRich™ [concentrated whole cranberry fruit and standardised fruit extract (anthocyanidins, proanthocyanidins and flavonoids), with natural cranberry fibre], vegetarian capsule: hydroxypropyl methylcellulose (carrageenan),

**DOES NOT CONTAIN:** sugar, salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.





## HIGHER NATURE®



30 capsules
VEGETARIAN
FOOD SUPPLEMENT

## **CRANBERRY** 30 capsules

concentrated whole fruit & CRA030
standardised extract

**DIRECTIONS:** Take 1-2 capsules (children over 8 years, 1 capsule) a day, between meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if taking warfarin.

Crankich\* is concentrated whole cranberry fruit, including the skin, seeds, fibre and juice, and guaranteed standardised fruit extract. One 500mg capsule provides the equivalent of 18g of fresh cranberries. Crankich\* is the perfect alternative to drinking cranberry juice, without the sour taste, added sugar or calories of juice. It's tooth-friendly too. Cranberries naturally contain anthocyanidins, proanthocyanidins and flavonoids. Indigenous American Indians are cranberries as part of their diet.

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This bottle has a UV filter

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK