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Beauty Starts On The Inside™

# Collagen

HYDROLYZED COLLAGEN With Vitamin C

Supports Skin,  
Hair & Nail Health\*

Collagen is a complex protein for the  
growth and maintenance of  
skin, hair, nails and bones.\*

90 tablets

DIETARY SUPPLEMENT

**Collagen is an amino acid-rich substance that forms the supporting structure for connective tissues in the body such as skin, bones and joints.\* Collagen levels in the skin decrease with age.\* Hydrolyzed Collagen with Vitamin C provides hydrolyzed protein (collagen) which promotes utilization by the body along with Vitamin C to help support healthy skin, hair and nails.\***

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money  
saving Healthy Rewards™ program, visit  
[www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**DIRECTIONS:** For adults, take four (4) tablets twice daily on an empty stomach.

## Supplement Facts

Serving Size 4 Tablets  
Servings Per Container 22

Amount Per Serving	%Daily Value
Calories	20
Total Carbohydrate	<1 g <1%**
Dietary Fiber	<1 g 3%**
Protein	4 g 7%**
Vitamin C (as Ascorbic Acid)	40 mg 67%
Sodium	25 mg 1%
Hydrolyzed Collagen	4,000 mg (4 g) ***
L-Ornithine HCl	60 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate, Silica. **Contains <2% of:** Vegetable Magnesium Stearate, Vegetable Stearic Acid.

**No** Artificial Color, Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish.