

Directions: Take 1 tablet daily after any meal.
Whole food based for faster disintegration.

GLUTEN FREE | VEGETARIAN | HYPOALLERGENIC

Contains no: sugar, gelatin, nuts, wheat, yeast, pollen, buckwheat, dairy, corn or soy residues, hidden additives or artificial colorings.

*** Contains 3 times more total vitamins
than leading one-per-day multivitamins.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**‡ These statements have not been evaluated by the
Food and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.**

Formulated by and Manufactured for SuperNutrition

SuperNutritionUSA.com

Oakland, CA 94612

800.262.2116

100% GUARANTEED

With Proof of Purchase

Store in a cool,
dry place



**3X THE VITAMIN
PROTECTION ***

**Super[®]
Nutrition**
SINCE 1977

SIMPLYONE[®]

**Women
Triple Power!**

**THE MOST EFFECTIVE
MULTIVITAMINS
KNOWN TO SCIENCE**

FEEL YOUNGER‡

FEEL BETTER ALL DAY‡

PMS (if any) REDUCED‡

MORE ALL-DAY ENERGY‡

**— FEEL BETTER IN ONE WEEK —
OR YOUR MONEY BACK**

90 TABLETS | A DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Vitamin A (as retinol palmitate, 17% (1000 IU) as beta-carotene)	6000 IU	120 %
Vitamin C (ascorbic acid)	150 MG	250 %
Vitamin D (as vitamin D3)	3000 IU	750 %
Vitamin E (as d-alpha tocopheryl succinate)	60 IU	200 %
Vitamin K (as phytonadione)	80 MCG	100 %
Thiamin (vitamin B1)	40 MG	2667 %
Riboflavin (vitamin B2)	30 MG	1765 %
Niacin**	40 MG	200 %
Vitamin B6 (as pyridoxine HCl)	100 MG	5000 %
Folic Acid	1000 MCG	250 %
Vitamin B12 (as methylcobalamin)	150 MCG	2500 %
Biotin (as d-biotin)	325 MCG	108 %
Pantothenic Acid (as d-calcium pantothenate)	35 MG	350 %
Calcium (as calcium carbonate, calcium citrate)	210 MG	21 %
Iron (as ferrous carbonyl)***	22 MG	122 %
Iodine (from kelp)	225 MCG	150 %
Magnesium (as magnesium oxide, magnesium glycinate)	110 MG	28 %
Zinc (as zinc oxide, zinc citrate)	18 MG	120 %
Selenium (as sodium selenite)	225 MCG	321 %
Copper (as copper glycinate)	2 MG	100 %
Manganese (as manganese sulfate, manganese citrate)	5 MG	250 %

Other Ingredients: Microcrystalline Cellulose, Stearic Acid (Vegetable Source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Calcium Silicate, Natural Vanilla ** Niacin is two-stage, low flush ***Iron pre-coated to prevent interaction with Vitamin E

	Amount Per Serving	% DV
Chromium (as chromium polynicotinate)	225 MCG	188 %
Molybdenum (as molybdenum trioxide)	80 MCG	107 %
Potassium (as potassium chloride, potassium succinate)	5 MG	<1 %
Betaine (as betaine HCl)	25 MG	.
Bioflavonoids (from lemon fruit)	30 MG	.
Bioperine® (black pepper seed extract)	5 MG	.
Boron	2 MG	.
Bromelain	10 MG	.
Choline (as choline bitartrate)	30 MG	.
Glutamic Acid (as glutamic acid HCl)	5 MG	.
Hesperidin (from citrus)	5 MG	.
Inositol	30 MG	.
Para-Aminobenzoic Acid	30 MG	.
Rutin	5 MG	.
Vitex (5:1 Extract)	30 MG	.
100% Organic Whole Food & Herb Blend	73 MG	.
Alfalfa leaf, Red Clover flower, Spirulina herb		
Antioxidant Blend	50 MG	.
Quercetin, Co-Q10, Lutein, Lycopene, Grape seed extract, Pine bark extract, Alpha-Lipoic Acid, Ginkgo leaf extract, Green Tea leaf extract, Organic Bilberry fruit, Hawthorn berry extract (4:1), N-Acetyl Cysteine, Ginseng root, DMAE		

*Daily Value (DV) Not Established