

Supplement your diet and workout routine with CLA toning formula.* Studies using Tonalin® demonstrate that Conjugated Linoleic Acid helps support your dieting goals and a healthy body composition.* So when you're ready to make your dreams a reality, choose CLA to help get you there.*

As always, use with a reduced calorie diet and daily exercise program.

It is important to check with your health care practitioner before beginning any diet and exercise program.

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Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 5163 B5175 04C



Healthy you
Healthy earth



CLA

Conjugated Linoleic Acid

1000 mg



Support Your
Dieting Goals*

RAPID RELEASE
LIQUID SOFTGEL

50 softgels



Toning Formula*

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels twice daily, preferably with meals. It is important to check with your health care practitioner before beginning any diet and exercise program.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 25

Amount Per Serving	%Daily Value
Calories	20
Calories from Fat	20
Total Fat	2 g 3%**
Tonalin® Safflower Oil	2,000 mg (2 g) ***
Contains:	78-84% Conjugated Linoleic Acid (CLA)

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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