Supplement Facts

Serving Size 8 Tablets • Servings Per Container 15

	AMOUNT PER SERVING	% DV
VITAMIN A *(Palmitate)*	5000 IU	100 %
VITAMIN C *(Ascorbic Acid)*	1500 MG	2500 %
VITAMIN D *(Vitamin D3)*	4000 IU	1000 %
VITAMIN E *(Natural Vitamin E Succinate)*	800 IU	2667 %
VITAMIN K1 *(Phytonadione)*	80 MCG	100 %
VITAMIN K2 *(MK7)*	45 MCG	56 %
THIAMINE *(Vitamin B1)*	85 MG	5667 %
RIBOFLAVIN *(Vitamin B2)*	70 MG	4118 %
VITAMIN B3 *(Niacin – Two-Stage, Low Flush)*	112 MG	560 %
VITAMIN B3 *(Niacinamide)*	100 MG	500 %
PYRIDOXINE *(Vitamin B6)*	250 MG	12500 %
FOLIC ACID	1000 MCG	250 %
CYANOCOBALAMIN *(Vitamin B12)*	1000 MCG	16667 %
BIOTIN *(d-Biotin)*	600 MCG	200 %
PANTOTHENIC ACID *(Calcium Pantothenate)*	175 MG	1750 %
CALCIUM *(Carbonate & Citrate)*	1000 MG	100 %
IODINE *(From Kelp)*	235 MCG	157 %
MAGNESIUM *(Oxide & Glycinate)*	600 MG	150 %
ZINC *(Oxide & Citrate)*	40 MG	267 %
SELENIUM *(Sodium Selenite)*	250 MCG	357 %
COPPER *(Glycinate)*	2.5 MG	125 %
MANGANESE *(Sulfate & Citrate)*	10 MG	500 %
CHROMIUM *(Polynicotinate & Picolinate)*	300 MCG	250 %
MOLYBDENUM *(Trioxide)*	150 MCG	200 %
POTASSIUM *(Chloride & Succinate)*	99 MG	3 %

A dietary supplement for women and men of all ages. Tablets are food-based for fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE

Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

SATISFACTION & MONEY-BACK 100% GUARANTEED

FORMULATED BY AND MANUFACTURED FOR

SuperNutrition™

www.SuperNutritionUSA.com

Oakland, CA 94612 | 800.262.2116

‡See website for details on Money Back Guarantee

0 33739 00188 8

Super Nutrition™ SINCE 1977

Supernutrition brands means not just good nutrition, but super nutrition. That means products with the vitamin potencies you need for the energetic life you want to live. Healthier. Happier. Smarter.

— The Mooney Family

Super Nutrition™ HEALTHIER. HAPPIER. SMARTER. SINCE 1977

IF IRON-FREE

Other Ingredients

No nutritional claims are made for these ingredients.

	AMOUNT PER SERVING	% DV
N-ACETYL CARNITINE	500 MG	*
N-ACETYL CYSTEINE	200 MG	*
ALPHA LIPOIC ACID	100 MG	*
BETA CAROTENE	150 IU	*
BETA GLUCAN 1,3/1,6	100 IU	*
BETAINE *(HCl)*	140 MG	*
BIOFLAVONOIDS *(From Citrus)*	30 MG	*
BORON *(From Krebs Cycle Boron)*	3 MG	*
CHOLINE *(Bitartrate)*	180 MG	*
CoQ10 *(Coenzyme Q10)*	30 MG	*
DMAE *(Dimethylaminoethanol)*	100 MG	*
GLA *(From Borage)*	100 MG	*
GLUTAMIC ACID *(HCl)*	106 MG	*
HESPERIDIN *(From Citrus)*	5 MG	*
INOSITOL	75 MG	*
PABA *(Para Amino Benzoic Acid)*	68 MG	*
RUTIN	35 MG	*
VIT. E MIXED TOCOPHEROLS *(Gamma)*	7 MG	*
(Alpha, Beta, Delta)	4 MG	*
ORGANIC HERB, WHOLE FOOD & PHYTO-ANTIOXIDANT BLEND:	250 MG	*
Rose Hips, Quercetin, Bilberry ft., Hawthorn Berry ft., Olive ft., Alfalfa ft., Astragalus rt., Atractylodes Lancea rt., Rehmannia rt., Suma st., Maca rt., Fo-Ti rt., Codonopsis rt., Licorice rt., Ginger rt., Nettles lf., Bitter Melon ft., Schizandra Berry ft., Lutein, Lycopene, Ginkgo Biloba ft., Pau d'Arco bk., Gotu Kola lf., Spirulina ft., Dandelion rt., Chlorella ft.		
OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate		*

** Daily Value Not Established*

Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

DIRECTIONS: TAKE 3 TABLETS AFTER BREAKFAST, 3 TABLETS AFTER LUNCH, 2 TABLETS AFTER DINNER

‡Improved Formula.

Now with more of the nutrients you want. See our website.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS

Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

Organic Whole Food-Based Tablets

Store in a cool, dry place or frost-free refrigerator.

Product color and aroma may vary or change over time due to natural ingredients.

THIS BOX IS MADE FROM RECYCLED PAPERBOARD

This package is for households *without* young children.

GLUE AREA

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NEW! IMPROVED FORMULA‡ LOOK

Super Nutrition™ SINCE 1977

Super Immune

ANTIOXIDANT-RICH MULTIVITAMIN

The most effective multivitamin known to science. With 25 antioxidants and phyto-antioxidants for superior immune system support.*

optimal plus™ body nutrition

120 TABS MULTIVITAMIN MULTIMINERAL SUPPLEMENT

IRON-FREE

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optimal plus™ body nutrition

Vitamins are essential for life. It takes only a small amount of vitamins to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin *potency* makes the difference.

There's more in it! Our blend of nutrients and scientifically proven potencies reduces the need to buy additional vitamins or minerals or take extra tablets.*

Bone health. In our dose of 8 tablets you get 1000 mg of Calcium, 4000 IU of Vitamin D3 and 600 mg of Magnesium and eight other nutrients for bone health.*

Heart health. You get 1500 mg of Vitamin C, 800 IU of Vitamin E, 30 mg of CoQ10, 100 mg of Alpha Lipoic Acid, 1000 mcg of Folic Acid, 45 mcg of Vitamin K2 (MK7) and 250 mcg of Selenium to support heart health.*

Superior immune support. You get full potencies of vital nutrients, antioxidants and phyto-antioxidants to strengthen your immune function day after day.*

See The Proof.

www.SuperNutritionUSA.com/science.php

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GLUE AREA