

Other Ingredients

No nutritional claims are made for these ingredients.

	AMOUNT PER SERVING	%DV
N-ACETYL CARNITINE	500 MG	*
N-ACETYL CYSTEINE	200 MG	*
ALPHA LIPIC ACID	100 MG	*
BETA CAROTENE	150 IU	*
BETA GLUCAN 1,3/1,6	500 IU	*
BETAINE (HCl)	140 MG	*
BIOFLAVONOIDS (From Citrus)	30 MG	*
BORON (From Krebs Cycle Boron)	3 MG	*
CHOLINE (Bitartrate)	180 MG	*
CoQ10 (Coenzyme Q10)	30 MG	*
DMAE (Dimethylaminoethanol)	100 MG	*
GLA (From Borage)	100 MG	*
GLUTAMIC ACID (HCl)	106 MG	*
HESPERIDIN (From Citrus)	5 MG	*
INOSITOL	75 MG	*
PABA (Para Amino Benzoic Acid)	68 MG	*
RUTIN	35 MG	*
VIT. E MIXED TOCOPHEROLS (Gamma)	7 MG	*
(Alpha, Beta, Delta)	4 MG	*
ORGANIC HERB, WHOLE FOOD & PHYTO-ANTIOXIDANT BLEND:	250 MG	*

Rose Hips, Quercetin, Bilberry fl., Hawthorn Berry fl., Olive fl., Alfalfa fl., Astragalus fl., Atractylodes Lincea fl., Rehmannia fl., Suma fl., Maca fl., Fo-Ti fl., Codonopsis fl., Licorice fl., Ginger fl., Nettles fl., Bitter Melon fl., Schizandra Berry fl., Lutein, Lycopene, Ginkgo Biloba fl., Pau d'Arce fl., Gata Kola fl., Spirulina fl., Dandelion fl., Chlorella fl.

OTHER INGREDIENTS:

Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate

* Daily Value Not Established

Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

Organic Whole Food-Based Tablets A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES

**DIRECTIONS: TAKE 3 TABLETS AFTER BREAKFAST
3 TABLETS AFTER LUNCH, 2 TABLETS AFTER DINNER.**

Tablets are food-based for fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE
Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS
Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR. Product color and aroma may vary or change over time due to natural ingredients.

***Improved Formula.**

More of the nutrients you want. See our website.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW!
IMPROVED FORMULA*
LOOK

**Super
Nutrition™**
SINCE 1977

Super Immune

ANTIOXIDANT-RICH MULTIVITAMIN

The most effective multivitamin known
to science. With 25 antioxidants and
phyto-antioxidants for superior
immune system support*

optimal
plus
body nutrition

240 MULTIVITAMIN
TABS MULTIMINERAL
SUPPLEMENT

Supplement Facts

Serving Size 8 Tablets • Servings Per Container 30

	AMOUNT PER SERVING	% DV
VITAMIN A (Palmitate)	5000 IU	100 %
VITAMIN C (Ascorbic Acid)	1500 MG	2500 %
VITAMIN D (Vitamin D3)	4000 IU	1000 %
VITAMIN E (Natural Vitamin E Succinate)	800 IU	2667 %
VITAMIN K1 (Phytonadione)	80 MCG	100 %
VITAMIN K2 (MK7)	45 MCG	56 %
THIAMINE (Vitamin B1)	85 MG	5667 %
RIBOFLAVIN (Vitamin B2)	70 MG	4118 %
VITAMIN B3 (Niacin - Two-Stage, Low Flush)	112 MG	560 %
VITAMIN B3 (Niacinamide)	100 MG	500 %
PYRIDOXINE (Vitamin B6)	250 MG	12500 %
FOLIC ACID	1000 MCG	250 %
CYANOCOBALAMIN (Vitamin B12)	1000 MCG	16667 %
BIOTIN (d-Biotin)	600 MCG	200 %
PANTOTHENIC ACID (Calcium Pantothenate)	175 MG	1750 %
CALCIUM (Carbonate & Citrate)	1000 MG	100 %
IRON (Ferrous Carbonyl*)	24 MG	133 %
IODINE (From Kelp)	235 MCG	157 %
MAGNESIUM (Oxide & Glycinate)	600 MG	150 %
ZINC (Oxide & Citrate)	40 MG	267 %
SELENIUM (Sodium Selenite)	250 MCG	357 %
COPPER (Glycinate)	2.5 MG	125 %
MANGANESE (Sulfate & Citrate)	10 MG	500 %
CHROMIUM (Polynicotinate & Picolinate)	300 MCG	250 %
MOLYBDENUM (Trioxide)	150 MCG	200 %
POTASSIUM (Chloride & Succinate)	99 MG	3 %

*Iron pre-coated to prevent interaction with Vitamin E and other nutrients.

**100% MONEY-BACK
GUARANTEED**

SuperNutrition™
www.SuperNutritionUSA.com
Oakland, CA 94612 | 800.262.2116

*See website for details on Money Back Guarantee

