

IRON-FREE

IF

HEALTHIER, HAPPIER, SMARTER.

Super Nutrition

— The Mooney Family —

Healthier. Happier. Smarter. energetic life you need for five.

vitamin potencies you need for five.

That means products with the just good nutrition. But super nutrition.

Super Nutrition brands mean not just good nutrition. But super nutrition.

Super Nutrition

SINCE 1977

Other Ingredients
No nutritional claims made for these ingredients.

	AMOUNT PER SERVING	% DV
BETA CAROTENE	100 IU	2 *
BETAININE (HCl)	100 MG	2 *
BIOFLAVONOIDS (From Citrus)	2 MG	3 *
BORON (From Krebs Cycle Boron)	3 MG	3 *
CHOLINE (Bisphosphate)	100 MG	2 *
COLA (From Berberis)	2 MG	2 *
GLUTAMIC ACID (HCl)	30 MG	2 *
HESPERIDIN (From Citrus)	2 MG	2 *
INOSITOL	75 MG	2 *
PABA (Para Amino Benzoic Acid)	69 MG	2 *
RUTIN (From Eucalyptus)	5 MG	2 *
VITEX (S-1 Extract)	100 MG	2 *
VIT. E MIXED TOCOPHEROLS (Gamma)	7 MG	2 *
(Alpha, Beta, Delta)	4 MG	2 *
ORGANIC HERBS & WHOLE FOOD BLEND:	150 MG	2 *

*Daily Value Not Established

Note: Plant cellulose tablet coating contains citric & vanilla flavoring.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS
Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE
Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminum silicate, dyes or artificial colorings.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate

FORMULATED BY AND MANUFACTURED FOR
SuperNutrition™
www.SuperNutritionUSA.com
Oakland, CA 94612 | 800.262.2116

*See website for details on Money Back Guarantee

3

0 33739 00167 3

THIS BOX IS MADE FROM RECYCLED PAPERBOARD

This package is for households *without* young children.

GLUE FREE

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Organic Whole Food-Based Tablets

A dietary supplement for women of all ages.

DIRECTIONS: TAKE TABLETS AFTER EACH MEAL THREE TIMES PER DAY

Tablets are food-based but fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE
Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminum silicate, dyes or artificial colorings.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS
Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

STRENGTHEN HAIR, SKIN, & NAILS: Protein, zinc, and omega-3 fatty acids may play a role in hair growth and skin health.

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3

Improved Formula.
More of the nutrients you need. See website.

*These statements have not been evaluated by the U.S. FDA. This product is not meant to diagnose, treat, cure or prevent any disease.

Supplement Facts
Serving Size 6 Tablets • Servings Per Container 30

	AMOUNT PER SERVING	% DV
VITAMIN A (Palmitate)	5000 IU	100 %
VITAMIN C (Ascorbic Acid)	1000 MG	1667 %
VITAMIN D (Vitamin D3)	2500 IU	625 %
VITAMIN E (Natural Vitamin E Succinate)	400 IU	1333 %
VITAMIN K1 (Phytonadione)	80 MG	100 %
VITAMIN K2 (MK-7)	90 MG	113 %
THIAMINE (Vitamin B1)	75 MG	5000 %
RIBOFLAVIN (Vitamin B2)	70 MG	4118 %
VITAMIN B3 (Niacin - Two-Stage, Low Flush)	80 MG	400 %
VITAMIN B3 (Niacinamide)	60 MG	300 %
PYRIDOXINE (Vitamin B6)	250 MG	12500 %
FOLIC ACID	1000 MC	250 %
CYANOCOBALAMIN (Vitamin B12)	250 MC	4167 %
BIOTIN (d-Biotin)	660 MC	220 %
PANTOTHENIC ACID (Calcium Pantothenate)	75 MG	1750 %
CALCIUM (Carbonate & Citrate)	1000 MG	100 %
IODINE (From Kelp)	275 MC	183 %
MAGNESIUM (Oxide & Glycinate)	600 MG	150 %
ZINC (Oxide & Citrate)	30 MG	200 %
SELENIUM (Sodium Selenite)	250 MC	357 %
COPPER (Glycinate)	2.5 MG	125 %
MANGANESE (Sulfate & Citrate)	10 MG	500 %
CHROMIUM (Polynicotinate & Picolinate)	250 MC	208 %
MOLYBDENUM (Trioxide)	150 MC	200 %
POTASSIUM (Oxide & Succinate)	99 MG	3 %

A dietary supplement for women of all ages. Tablets are food-based for fast, easy disintegration.

DIRECTIONS: TAKE 2 TABLETS AFTER EACH MEAL THREE TIMES PER DAY

Organic Whole Food-Based Tablets

Store in a cool, dry place or frost-free refrigerator. Product color and aroma may vary or change over time due to natural ingredients.

***Improved Formula.**
Now with more of the nutrients you want. See our website.

3

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IRON-FREE

NEW! IMPROVED FORMULA! LOOK

Super Nutrition™
SINCE 1977

Women's Blend

ANTIOXIDANT-RICH MULTIVITAMIN

The most effective multivitamin known to science. Optimal support for heart, bones, brain, immunity, and energy, with anti-aging and anti-stress benefits.*

180 MULTIVITAMIN SUPPLEMENT TABS

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Vitamins are essential for life.
It takes only a small amount of vitamins to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin potency makes the difference.

There's more in it! Our blend of nutrients and scientifically proven potencies reduces the need to buy additional vitamins or minerals or take extra tablets.*

Supports stronger bones. You get 1000 mcg of Calcium, 2500 IU of Vitamin D3, 600 mcg of Magnesium, 90 mcg of Vitamin K2 (MK-7) and full potencies of seven other bone-building nutrients.*

Heart health. You get 400 IU of Vitamin E, 1000 mcg of Folic Acid and 250 mcg of Selenium for heart health, plus a full 1000 mcg of Vitamin C.*

Reduced PMS. Our balanced blend is guaranteed to reduce PMS discomfort, if any, or your money back. Optimum reduction happens in the third cycle.*

Balanced for women. With higher potencies of the B-Complex plus organic Vitex extract and a variety of organic herbs and green foods.*

See The Proof.
www.SuperNutritionUSA.com/science.php

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