



— The Money Family
Healthier, Happier, Smarter.
vibrant energetic life you want to live.
vitamin potencies you need for that.
That means products with the
just good nutrition, but super nutrition.
SuperNutrition brands mean not

SINCE 1977
Super Nutrition

Other Ingredients

No nutritional claims made for these ingredients.

AMOUNT PER SERVING	% DV
BETA CAROTENE	100 IU *
BETAINE (HCl)	100 MG *
BIOFLAVONOIDS (from Citrus)	2 MG *
BORON (from Krebs Cycle Boron)	3 MG *
CHOLINE (Bisphosphate)	100 MG *
GLA (from Boragin)	2 MG *
GLUTAMIC ACID (HCl)	30 MG *
HESPERIDIN (from Citrus)	2 MG *
INOSITOL	75 MG *
PABA (Para Amino Benzoic Acid)	60 MG *
RUTIN (from Eucalyptus)	5 MG *
VITEX (S-T Extract)	100 MG *
VIT. E MIXED TOCOPHEROLS (Gamma)	7 MG *
VIT. E (Alpha, Beta, Delta)	4 MG *
ORGANIC HERB & WHOLE FOOD BLEND:	150 MG *
Rose Hips, Alfalfa II., Astragalus rt., Arachnoides Lance rt., Chlorella n., Codonopsis rt., Dandelion rt., Fo-Ti rt., Ginger rt., Goto Kola rt., Licorice rt., Maca rt., Nettles rt., Pau d'Arco rt., Rehmannia rt., Sengalia n., Yale	

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate

*Daily Value Not Established

Note: Plant cellulose tablet coating contains citric acid & vanilla flavoring.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS
Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE

Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

FORMULATED BY AND MANUFACTURED FOR

SuperNutrition™

www.SuperNutritionUSA.com

Oakland, CA 94612 | 800.262.2116

*Ask website for details on Money Back Guarantee



THIS BOX IS MADE FROM
RECYCLED PAPERBOARD

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

AMOUNT PER SERVING	% DV
VITAMIN A (Palmitate)	5000 IU 100 %
VITAMIN C (Ascorbic Acid)	1000 MG 1667 %
VITAMIN D (Vitamin D3)	2500 IU 625 %
VITAMIN E (Natural Vitamin E Succinate)	400 IU 1333 %
VITAMIN K1 (Phylloquinone)	80 MCG 100 %
VITAMIN K2 (MK7)	90 MCG 113 %
THIAMINE (Vitamin B1)	75 MG 5000 %
RIBOFLAVIN (Vitamin B2)	70 MG 4118 %
VITAMIN B3 (Niacin - Two-Stage, Low Flush)	80 MG 400 %
VITAMIN B5 (Panthothenic)	60 MG 300 %
VITAMIN B6 (Vitamin B6)	250 MG 12500 %
FOLIC ACID	1000 MCG 250 %
CYANOCOBALAMIN (Vitamin B12)	250 MCG 4167 %
Biotin (Vitamin B7)	660 MCG 220 %
PANTOTHENIC ACID (Calcium Panthothenate)	115 MG 1750 %
CALCIUM (Carbonate & Citrate)	1000 MG 100 %
IRON (Ferrous Carbonyl)*	30 MG 167 %
IODINE (from Kelp)	275 MCG 183 %
MAGNESIUM (Oxide & Glycinate)	600 MG 150 %
ZINC (Oxide & Citrate)	30 MG 200 %
SELENIUM (Sodium Selenite)	250 MCG 357 %
COPPER (Glycinate)	2.5 MG 125 %
MANGANESE (Sulfate & Citrate)	10 MG 500 %
CHROMIUM (Polynicotinate & Picolinate)	250 MCG 208 %
MOLYBDENUM (Trioxide)	115 MCG 200 %
POTASSIUM (Chloride & Succinate)	90 MG 40 %

*Iron pre-coated to prevent interaction with Vitamin E and other nutrients.

A dietary supplement for women of all ages.
Tablets are food-based for fast, easy disintegration.

DIRECTIONS: TAKE 2 TABLETS AFTER EACH MEAL THREE TIMES PER DAY

Organic Whole Food-Based Tablets

Store in a cool, dry place or frost-free refrigerator.

Product color and aroma may vary or change over time due to natural ingredients.

***Improved Formula.**

Now with more of the nutrients you want.

See our website.

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180 TABS

NEW! LOOK

Super Nutrition™
SINCE 1977

Women's Blend
ANTIOXIDANT-RICH MULTIVITAMIN

The most effective multivitamin known to science.
Optimal support for heart, bones, brain, immunity, and energy, with anti-aging and anti-stress benefits.*

plus
body nutrition

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plus
body nutrition

180 TABS
MULTIVITAMIN
MULTIMINERAL
SUPPLEMENT

optimal plus
body nutrition

Vitamins are essential for life.
It takes only a small amount of vitamins to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin potency makes the difference.



There's more in it! Our blend of nutrients and scientifically proven potencies reduces the need to buy additional vitamins or minerals or take extra tablets.*



Supports stronger bones. You get 1000 mcg of Calcium, 2500 IU of Vitamin D3, 600 mcg of Magnesium, 90 mcg of Vitamin K2 (MK7) and full potencies of seven other bone-building nutrients.*



Heart health. You get 400 IU of Vitamin E, 1000 mcg of Folic Acid and 250 mcg of Selenium for heart health, plus a full 1000 mcg of Vitamin C.*



Reduced PMS. Our balanced blend is guaranteed to reduce PMS discomfort, if any, or your money back. Optimum reduction happens in the third cycle.*



Balanced for women. With higher potencies of the B-Complex plus organic Vitex extract and a variety of organic herbs and green foods.*

See The Proof.

www.SuperNutritionUSA.com/science.php

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

BLUE FRONT

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