SKIN SUPPORT

FROM WITHIN

PRODUCT INFORMATION:

Two capsules typically provide:		%RDA*
Vitamin A (2500iu)	750µg	94
Vitamin E (100iu)	12mg α-TE	100
Vitamin C	500mg	625
Riboflavin (Vitamin B2)	5mg	357
Niacin (Vitamin B3)	5mg	31
Biotin	50µg	100
Pantothenic acid (Vitamin E	35) 25mg	417
Zinc	15mg	150
Copper	0.15mg	15
Chromium	100µg	250
Green tea extract	100mg	
Aloe Vera extract	75mg	
Borage oil	50mg	
Grapeseed extract	50mg	
Lemon balm extract	50mg	

Citrus bioflavonoid complex 20mg *RDA = Recommended Daily Amount

SKIN SUPPORT

- ✓ Ideal for teenagers and young adults.
- ✓ Vitamins A, B2, B3, biotin, and zinc. contribute to the maintenance of normal skin
- ✓ Vitamin C contributes to normal collagen formation for the normal function of skin.

DIRECTIONS:

Adults and children over 13 years take two capsules a day with meals, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

B vitamins may turn urine bright yellow this is normal.

STORAGE:

Two capsules typically provide: Vitamin A (2500iu)

Vitamin E (100iu)

Riboflavin (Vitamin B2)

Nacin (Vitamin B3) Pantothenic acid (Vitamin B5)

Green tea extract

Aloe Vera extract

opper

Borage oil Grapeseed extract emon balm extract

Store in a cool, dry, steam free environment out of reach of children

Suitable for vegetarians and vegans.

This product is not tested on animals.

%RDA*

higher nature





INGREDIENTS:

Ascorbic acid, borage oil powder (antioxidant: mixed tocopherols); capsule: hydroxypropyl methylcellulose; green tea extract, aloe vera extract, lemon balm extract. citrus bioflavonoids, grape seed extract, zinc citrate, calcium pantothenate, anti-caking agent: magnesium stearate: d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; retinvl acetate (stabiliser: corn dextrin; anti-caking agent; corn starch; anti-oxidant: dl-alpha tocopherol); riboflavin, nicotinamide, chromium picolinate, copper citrate biotin

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt sova. sugar, wheat yeast.

Have you tried the other products in our range?

- Multi Vit Shots
- Concentration Support

Higher Nature, Burwash Common, East Sussex, TN19 7LX. UK

www.highernature.com



YSS-387-01





gluten, lactose, salt, soya, sugar, wheat, yeast



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Vitamin C contributes to normal collagen

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Store in a cool, dry, steam free environment out of reach of children.

Vitamins A. B2. B3. biotin, and zinc contribute to the maintenance of normal skin.

Higher Nature, Burwash Common, East Sussex, TN 19 7LX. UK. www.highernature.com