

Directions: Take 1 tablet daily after any meal.
Whole food based for faster disintegration.

GLUTEN FREE | VEGETARIAN | HYPOALLERGENIC

Contains no: sugar, gelatin, nuts, wheat, yeast, pollen, buckwheat, dairy, corn or soy residues, hidden additives or artificial colorings.

*** Contains 3 times more total vitamins
than leading one-per-day multivitamins.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated by and Manufactured for SuperNutrition

SuperNutritionUSA.com

Oakland, CA 94612

800.262.2116

100% GUARANTEED

With Proof of Purchase

Store in a cool,
dry place



**3X THE VITAMIN
PROTECTION***

**Super
Nutrition**
SINCE 1977

SIMPLYONE®

**PreNatal
Triple Power!**

**THE MOST EFFECTIVE
MULTIVITAMINS
KNOWN TO SCIENCE**

HAPPY PREGNANCY‡

REDUCED FATIGUE‡

BETTER BIRTH WEIGHT‡

GENTLE ON THE STOMACH‡



**— FEEL BETTER IN ONE WEEK —
OR YOUR MONEY BACK**

30 TABLETS | A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Vitamin A (as retinol palmitate, 17% (1000 IU) as beta-carotene)	6000 IU	120 %
Vitamin C (ascorbic acid)	150 MG	250 %
Vitamin D (as vitamin D3)	3000 IU	750 %
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333 %
Vitamin K (as phytonadione)	80 MCG	100 %
Thiamin (vitamin B1)	40 MG	2667 %
Riboflavin (vitamin B2)	30 MG	1765 %
Niacin**	40 MG	200 %
Vitamin B6 (as pyridoxine HCl)	35 MG	1750 %
Folic Acid	1000 MCG	250 %
Vitamin B12 (as methylcobalamin)	150 MCG	2500 %
Biotin (as d-biotin)	330 MCG	110 %
Pantothenic Acid (as d-calcium pantothenate)	35 MG	350 %
Calcium (as calcium carbonate, calcium citrate)	200 MG	20 %
Iron (as ferrous carbonyl)***	30 MG	167 %
Iodine (from kelp)	290 MCG	193 %
Magnesium (as magnesium oxide, magnesium glycinate)	100 MG	25 %
Zinc (as zinc oxide, zinc citrate)	32 MG	213 %

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Stearic Acid (Vegetable Source), Natural Vanilla ** Niacin is two-stage, low flush ***Iron precoated to prevent interaction with Vitamin E Certified Organic

	Amount Per Serving	% DV
Selenium (as sodium selenite)	225 MCG	321 %
Copper (as copper glycinate)	2 MG	100 %
Manganese (as manganese sulfate, manganese citrate)	5 MG	250 %
Chromium (as chromium polynicotinate)	225 MCG	188 %
Molybdenum (as molybdenum trioxide)	80 MCG	107 %
Potassium (as potassium chloride, potassium succinate)	10 MG	<1 %
Betaine (as betaine HCl)	25 MG	.
Bioflavonoids (from lemon fruit)	25 MG	.
BioPerine® (black pepper seed extract)	5 MG	.
Boron	2 MG	.
Choline (as choline bitartrate)	15 MG	.
Glutamic Acid (as glutamic acid HCl)	5 MG	.
Hesperidin (from citrus)	5 MG	.
Inositol	15 MG	.
Para-Aminobenzoic Acid	15 MG	.
Rutin	5 MG	.
L-Taurine	100 MG	.
Whole Food & Herb Blend	50 MG	.
Papaya Fruit, Alfalfa leaf , Spirulina herb , Chlorella herb		

*Daily Value (DV) Not Established