

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 2 tablets twice daily, or as directed by your healthcare professional. This product is best taken once in the morning and once at night.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200569 / 2273379

FORMULATED & DISTRIBUTED BY:

Evolved Natural Solutions

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Jacksonville, FL 32225

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NATURAL SOLUTIONS

CORE
SUPPLEMENT

eMULTI[™]

WHOLE FOOD MULTIVITAMIN
VITAL MINERAL COMPLEX

120 Tablets

A LOW ALLERGENICITY
DIETARY SUPPLEMENT



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Supplement Facts

Serving Size 4 Tablets • Servings Per Container 30

Amount Per Serving

%DV

Vitamin A (33% as Vitamin A Palmitate [2,500 IU]/67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††	7,500 IU	150%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex)	700 mg	1,166%
Vitamin D-3	500 IU	125%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)	200 IU	667%
Thiamine	50 mg	3,333%
Riboflavin	25 mg	1,470%
Niacin/Niacinamide	95 mg	475%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	50 mg	2,500%
Folate (as L-methylfolate, Metafolin®)	400 mcg	100%
Vitamin B-12 (methylcobalamin)	125 mcg	2,083%
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	250 mg	2,500%
Calcium (as Calcium Citrate/Ascorbate Complex)	250 mg	25%
Iodine (from Kelp)	100 mcg	66%
Magnesium (as Magnesium Aspartate/Ascorbate Complex)	250 mg	62%
Zinc (as Zinc Amino Acid Chelate)	12.5 mg	83%
Selenium (as Selenium Krebs†/Kelp complex)	100 mcg	143%
Copper (as Copper Amino Acid Chelate)	1 mg	50%
Manganese (as Manganese Aspartate Complex)	5 mg	250%
Chromium (Organically bound with GTF activity—low allergenicity)	100 mcg	83%
Molybdenum (as Molybdenum Krebs†)	50 mcg	66%
Potassium (as Potassium Aspartate Complex)	49.5 mg	1%

Lutein (natural)	3 mg	*
Lycopene (natural)	3 mg	*
Zeaxanthin	0.5 mg	*

Other Minerals, Nutrients and Trace Elements

Inositol	50 mg	*
Trace Elements (from Sea Vegetation)	approx. 50 mcg	*
Choline (from 75 mg Choline Citrate/Bitartrate)	30 mg	*
PABA (para-aminobenzoic acid)	25 mg	*

Amount Per Serving

%DV

Boron (as Boron Aspartate/Citrate complex)	0.75 mg	*
Vanadium (as Vanadium Krebs†)	25 mcg	*

Amino Acids and Enzymes

L-Cysteine/N-Acetyl L-Cysteine	75 mg	*
Betaine (from 75 mg Betaine HCl)	57 mg	*
Bromelain (2,000 GDU/g)	25 mg	*
Glutamic Acid (from 12.5 mg Glutamic Acid HCl)	10 mg	*
L-Methionine	6.3 mg	*

Bioflavonoids and Proanthocyanidins

Rose Hips	50 mg	*
Lemon Bioflavonoids	50 mg	*
Red Wine Proanthocyanidins/Pine Bark Extract	25 mg	*
Hesperidin	17.5 mg	*
Rutin	12.5 mg	*

Vegetables Fruits and Herbs

Proprietary Organic Fruit and Vegetable Blend	350 mg	*
Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant), Garlic (bulb, Pure-Gar®, odorless)	50 mg	*
Cauliflower (entire plant)	50 mg	*
Spirulina	50 mg	*
Chlorella (broken cell wall)	50 mg	*
Green Papaya Extract (fruit)	50 mg	*
Blackberry (fruit)	40 mg	*
Celery powder (leaf)	35 mg	*
Black radish powder (root)	35 mg	*
Apricot powder (fruit)	35 mg	*
Green Tea Extract (leaf)	25 mg	*
Apple Pectin (fruit)	25 mg	*

*Daily Value not established.

Other ingredients: Cellulose and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.