

Anne Mooney Fant

Superfutrition brands mean not just good nutrition, but super nutrition. That means products with the vitamin potencies you need for the energetic life you want to live. Healthier. Happier. Smarter.

Nutrition SINCE 1977

Supplement Facts Serving Size 4 Tablets • Servings Per Container 30

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AMOUNT PER SERVING % DV

VITAMIN A (Palmitate)	5000 IU	100 %
VITAMIN C (Ascorbic Acid)	1200 MG	2000 %
VITAMIN D (Vitamin D3)	2500 IU	625 %
VITAMIN E (Natural Vitamin E Succinate)	400 IU	1333 %
VITAMIN K1 (Phytonadione)	80 MCG	100 %
VITAMIN K2 (MK7)	45 MCG	56 %
THIAMINE (Vitamin B1)	75 MG	5000 %
RIBOFLAVIN (Vitamin B2)	70 MG	4118 %
VITAMIN B3 (Niacin-Two-Stage, Low Flush)	100 MG	500 %
PYRIDOXINE (Vitamin B6)	125 MG	6250 %
FOLIC ACID	1000 MCG	250 %
CYANOCOBALAMIN (Vitamin B12)	225 MCG	3750 %
BIOTIN (d-Biotin)	330 MCG	110 %
PANTOTHENIC ACID (Calcium Pantothenate)	175 MG	1750 %
CALCIUM (Carbonate & Citrate)	500 MG	50 %
IRON (Ferrous Carbonyl)*	18 MG	100 %
IODINE (From Kelp)	225 MCG	
MAGNESIUM (Oxide & Glycinate)	500 MG	125 %
ZINC (Oxide & Citrate)	30 MG	200 %
SELENIUM (Sodium Selenite)	225 MCG	321 %
COPPER (Glycinate)	2.5 MG	125 %
MANGANESE (Sulfate & Citrate)	10 MG	500 %
CHROMIUM (Polynicotinate & Picolinate)	225 MCG	188 %
MOLYBDENUM (Trioxide)	150 MCG	200 %
POTASSIUM (Chloride & Succinate)	99 MG	3 %
*Iron pre-coated to prevent interaction with Vitamin E and o.	ther nutrients.	

DIRECTIONS: TAKE 2 TABLETS AFTER BREAKFAST AND 2 TABLETS AFTER LUNCH OR DINNER

A dietary supplement for women, men and teens. Tablets are food-based for fast, easy disintegration.





FORMULATED BY AND MANUFACTURED FOR

ther Ingredients	Organic Whole Food-Based Tablets
MACOUNT COME AND ADD NO PROS DEPOSITORS. MACOUNT POR SERVING. NATA.	A DIETARY SUPPLEMENT FOR WOMEN, MEN AND TEENS.
SAN ACCOUNT From Chinal III III III III III III III III III I	DIRECTIONS: TAKE 2 TABLETS AFTER BREAKFAST AND 2 TABLETS AFTER LUNCH OR DINNER. Tablets are food-based for fast, easy disintegration.
	VEGETABIAN I BYPOALLERGENIC I GLUTEN FREE Costains no: gluten, geletin, nuts, whoat, year, pollen sugar, buskwheel, days, corn ar say rejedies, hidden additives, sodium aluminosilicate, dyes or artificial colorinos.
FIN Proce Excellence 2 & 90 ° C Million 1900-1900 Million 1900	ENRICHED WITH ORGANIC HERRS & GREEN FOODS Certified organic berbs and green foods are erganically grown and processed in accordance with the California Organic Foods Act of 1998.
nib Yatar Ref Esbblisher Refronfuline beid nadisycyntainychte 4 venilla Sooring	Organic Herb & Whole Foods Blend 150 mg: Rose Hops, Alfalfa II., Astragalius rt., Atractylodes Lance rt., Rehmanna rt. Suma st. Manart. Fo. Lint. Collegopoli
NANNO Accidental overdose of iron-containing roducts is a leading cause of fatal poleoning in slatters under 6. Kang this product out of reach	rt, Licorice rt, Ginger rt, Nettles It, Pau d'Arco bk. Gota Kola H, Spirulina h, Gandellos rt, Chlorella h.
children, in case of accidental overdose, call distor or poson control center immediately.	STORE IN A COOL, DRY PLACE. Product color and aroma may vary or change over time due to natural incredients.
Improved Formula. More of the autrients you want. See our website.	SuperNutrition" www.luperNutrition25A.com Oakland, CA \$4602 600.242.2116 The second to delice the first designs
	"These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not meant to diagnose. The product is not meant to diagnose.

Other Ingredients



	Supplement Facts Serving Size 4 Tablets • Servings Per Container 30			
AMOUNT PER SERVING				
(TAMAN A /Partnippe)	5000 IJ	100.5		
ITTAMAN C (Ascorbic Acid)				
VENAMA O Alberte (CD)				
VEVAMINE (Natural Villamin & Succinate)	400 IJ	1333 %		
VEWAY K1 (Phytosadore)	80 MCG	100.5		
VENMAND (SIRCO)	45 MCG			
Designation Adjument (E)				
RIBOFLAVIN (Albertin 87)				
ITTAMIN 00 Allecto-Turo-Street Low Flustri		500 5		
PYRIDOXNE (Marrier 89)	125 MG			
OUC ACO	1000 MCG			
DANOCOBALARRIN (Viteroin ETZ)	225 MCG			
PANTOTHENIC ACID (Cubury Particifierate)	175 MG	1750.5		
CALCUM (Circovate & Citrati)	500 MS	50.5		
PON /Ferrors Carbony (**	18 MG	100 %		
CONE (From Kelp)	225 MCG	150 %		
MAGNESIUM (Chick & Stycharty)	500 MG	125 5		
STLENUM (Sodium Selente)	225 MCG	321.5		
COPPER (Shotsite)	25 MG	125 5		
MANGANESE (Suiter & Church	10 MG	500 %		
CHOMILM Provincement & Provinces	225 MCG	188.5		
MOO/BOEMUM (Travelle)	150 MCG	200 %		

NEW! IMPROVED FORMULA* LOOK





WORLD'S BEST VALUE!

The most effective multivitamin known to science. Optimal support for heart, bones, brain, immunity with extra energy for the whole family.*



120 MULTIVITAMIN MULTIMINERAL SUPPLEMENT



Vitamins are essential for life.
It takes only a small amount of vitamins to survive. It takes lots more to thrive.
There are over 25,000 studies in

the National Library of Medicine on vitamin potencies. Together they show that vitamin potency makes the difference.

There's more in it! The blend of nutrients and scientifically proven potencies in Perfect Family reduces the need to buy additional vitamins or minerals or take extra tablets."

This is the best daily vitamin support for the whole family! Whole food-based tablets with organic green foods and herbs.*

Excellent bone support - 500 mg calcium, 500 mg magnesium, 2,500 IU vitamin D, 3 mg boron, 30 mg zinc and seven other bone-building nutrients.*

Excellent heart support - 1,000 mcg folic acid, 125 mg vittamin B6, 225 mcg vitamin B12, 400 IU vitamin E and 45 mcg vitamin K2 (MK7).*

See The Proof.

www.SuperNutritionUSA.com/science.php

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AMOUNT PER SERVING %DV BETAINE (HC 125 MG BIOFLAVONOIDS (From Citrus) 1.4 MG 3 MG BORON (From Krebs Cycle Boron) CHOLINE (Bitartrate) GLA (From Borage) 1.4 MG GLUTAMIC ACID (HCI) 5 MG 1.4 MG 25 MG PABA (Para Amino Benzoic Acid, RUTIN (From Eucalyptus) VIT E MIXED TOCOPHEROLS (Gamma 7 MG (Alpha, Beta, Delta) 4 MG OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate *Daily Value Not Established Note: Plant cellulose tablet coating contains citrus & vanilla flavoring

Now with Vitamin K2 (MK7) and 2,500 IU of Vitamin D

ENRICHED WITH ORGANIC HERBS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

Organic Herb & Whole Foods Blend - 150 mg: Rose Hips, Alfalfalf., Astragalus tr., Atractylodes Lance rt., Rehmannia rt., Suma st., Maca rt., Fo-Ti rt., Codonopsis rt., Licoric et., Ginger rt., Nettles lf., Pau d'Arco bk., Gotu Kola lf., Spirulina h., Dandelion rt., Chlorella h.

Organic Whole Food-Based Tablets

VEGETARIAN I HYPOALLERGENIC I GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium

wheat, dairy, corn or soy residues, hidden additives, so aluminosilicate, dyes or artificial colorings.

Store in a cool, dry place or frost-free refrigerator. Product color and aroma may vary or change over time due to natural ingredients.

*Improved Formula.

Now with more of the nutrients you want. See our website.

THIS BOX IS MADE FROM RECYCLED PAPERBOARD