SuperNutrition brands mean not just good nutrition, but super nutrition vitamin potencies you need for the energetic life you want to live. Healthier, Happier, Smarter,

- The Mooney Family



IF

### Supplement Facts og Size 1 Packet of 6 Tablets Per Day (3 Gray and 3 Brown)

is Per Box 30 (1 Packet Per Serv

	AMOUNT PER SERVING	% DV
VITAMIN A (Palmitate)	5000 IU	100 %
VITAMIN C (Ascorbic Acid)	1200 MG	2000 %
VITAMIN D (Vitamin D3)	3000 IU	750 %
VITAMIN E (Natural Vitamin E Succinate)	800 IU	2667 %
VITAMIN K1 (Phytonadione)	80 MCG	100 %
VITAMIN K2 (MK7)	90 MCG	113 %
THIAMINE (Vitamin B1)	150 MG	10000 %
RIBOFLAVIN (Vitamin B2)	100 MG	5882 %
VITAMIN B3 (Nacin - Two-Stage, Law Fusts)	300 MG	1500 %
PYRIDOXINE (Vitamin 86)	250 MG	12500 %
FOLIC ACID	1000 MCG	250 %
CYANOCOBALAMIN (Vitamin B12)	1000 MCG	16667 %
BIOTIN (d-Biotin)	600 MCG	200 %
PANTOTHENIC ACID (Calcium Pantothenate	300 MG	3000 %
GALCIUM (Carbonate & Citrate)	1250 MG	125 %
IODINE (From Kelp)	225 MCG	150 %
MAGNESIUM (Oxide & Glycinate)	700 MG	175 %
ZINC (Oxide & Citrate)	40 MG	267 %
SELENIUM (Sodium Selenite)	250 MCG	357 %
COPPER (Glycinate)	2.5 MG	125 %
MANGANESE (Sulfate & Citrate)	10 MG	500 %
CHROMIUM (Polynicotinate & Picolinate)	300 MCG	250 %
MOLVEDENIIM (Trioxide)	150 1400	200 %

Multivitamin, Multimineral Supplement for Adults and Teens

ENRICHED WITH ORGANIC HERBS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

DIRECTIONS: ADULTS (18 yrs+): For best absorption of nutrients and the least chance of experiencing the Niacin flush, take 1 brown tablet and 1 gray tablet after each meal, 3 times per day. Taking more than one brown tablet at a time, or a full packet at once increase the likelihood of a Niacin flush. TEENAGERS (15-17 yrs) USAGE: TEFNAGERS (13-14 yrs) USAGE: Take 1 brown tablet and 1 gray tablet after a full breakfast or lunch.

## www.SuperNutritionUSA.com Oakland, CA 94612 | 800.262.2116

Other Ingredients

BORON (Erner Krehr Ourle Boose)

OCTACOSAMOL (From Soisant)

PABA (Para Amino Benzoic Acid)

S.O.D. (Counted for 20 min. reliesse)

10 MICOS SEA TRACE MIRRALS (Friend Kelp)

VIT. E MICE(D TOZOPHHIRDIS (Ficherses)

7 MG. (Alpha, Sez., Desby)

4 MG.

ORGANIC MERS. WHOLE FOOD & FEMAL IS (MIN.
Backetty)

Robe High, Affalfa E., Sprindina I., Kale,
Backetty)

Robertey III, Derrich Microcysteller (T.)

Pomingarania Gend, Rasphetry III, Stramberry III.

OPTER MIRRICORNIC Microcrysteller Conflictor.

Croscamellose Sodium, Magnesium Stearata, Stearic Acid, Calcium Silicate

\* Gally Valur Not Established

CATALASE (Coated for 30 min. release)

AMOUNT PER SERVING | 150

100 MG 15 MG 10 MCG

SuperNutrition'

Organic Whole Food-Based Tablets

Now with Vitamin K2 (MK7) and 3,000 IU of Vitamin D

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminositicate, dyes or artificial colorings.

- ALSO AVAILABLE WITH IRON & EASY-SWALLOW VERSIONS

Fast-digesting tablets: Our vegetarise, food-based tablets have been laboratory tested to be very fast-digesting. In normal stomach acid, the tablets disintegrate in less than 45 minutes Store in a cool, dry place or frost-free refrigerator.

## **NEW!**

If this is your first time

taking the Opti-Energy Pack.

please read!

The Niacin Flush - Safe.

Reneficial & Invigorating

Niscin impresses blend circulation in

axygen delivery to your cells, while

- 60 minutes and may be followed by a

Super NutritioN CINCE 1077

# **Opti-Energy**

The most effective multivitamin known to science Optimal body nutrition with extra support for enhanced mental focus, energy, and physical performance.



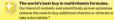
IRON-EREE

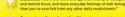


Vitamins are essential for life. It takes only a small amount of vitami to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin notencies. Together they show that vitamin potency makes the difference.

Balanced. You'll feel more energy, more clarity of thought







With anti-aging benefits. The orthomolecular potencies of the Opti-Energy Pack are biochemically balanced to help reduce premature aging from nutritional deficiencies.\* Bone support. With 1,250 mg of Calcium, 700 mg of

Magnesium, 3,000 IU of Vitamin D3 and full potencies of eight other bone-building nutrients." See The Proof.

www.SunerNutritionUSA.com/science.nhn QUESTIONS? Call Us Toll Free: 800.262,2116 \*Improved Formula.

Now with more of the nutrients you want. See our website.

\*These statements have not been evaluated by the U.S. FDA. This product is not intended to diagnose, treat, cure or prevent any disease

FORMULATED BY AND MANUFACTURED FOR

## Super Nutrition

www.SuperNutritionUSA.com Oakland, California 94612



This package is for households without young children. - PACKAGE IS NOT CHILD RESISTANT-

> THIS BOX IS MADE FROM RECYCLED PAPERBOARD