

Other Ingredients

Organic Whole Food-Based Tablets
A dietary supplement for men of all ages.

AMOUNT PER SERVING

BETA CAROTENE	150 U	+
BETANE (HCl)	132 MG	+
BIOFLAVONOIDS	5 MG	+
BORON (From Krebs Cycle Boron)	3 MG	+
CHOLINE (Biotin)	157 MG	+
GLA (From Boragin)	2 MG	+
GLUTAMIC ACID (HCl)	30 MG	+
HESPERIDIN (From Citrus)	5 MG	+
INOSITOL	75 MG	+
PABA (Para Amino Benzoic Acid)	36 MG	+
PLUTIN	5 MG	+
VIT. E-EMULGED TOCOPHEROLS (Gamma)	7 MG	+
VIT. E-EMULGED TOCOPHEROLS (Alpha, Beta, Delta)	4 MG	+

WHOLE FOOD-BASED BLEND:
Rose Hips, Alfalfa, St. Astragalus, Maca, A. Arachidonic Lipoic, R. Retenens, S. Sars, Fo-Ti, Codonopsis, L. Licorice, G. Ginger, L. Nettles, P. Pau d'Arco, Bk. Goto Koda, S. Spirulina, L. Dandelion, L. Cleome, h.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose, Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate

*Only Value Not Established
Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS
Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE
Contains no gluten, gelatin, milk or soy residues, hidden additives, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminum silicate, dyes or artificial colorings.

FORMULATED BY AND MANUFACTURED FOR
SuperNutrition™
www.SuperNutritionUSA.com
Oakland, CA 94612 | 800.262.2116
*See website for details on Money Back Guarantee

0 33739 00183 3

NEW! IMPROVED FORMULA! LOOK

Super Nutrition™
SINCE 1977

Men's Blend
ANTIOXIDANT-RICH MULTIVITAMIN

The most effective multivitamins known to science.
Optimal support for heart, bones, skin, vitality, immunity, and energy, with anti-aging and anti-stress benefits.*

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STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR. Product color and aroma may vary or change over time due to natural ingredients.

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Oakland, CA 94612 | 800.262.2116

90 MULTIVITAMIN MULTIMINERAL TABS SUPPLEMENT
IRON-FREE

Supplement Facts
Serving Size 6 Tablets • Servings Per Container 15

	AMOUNT PER SERVING	% DV
VITAMIN A (Palmitate)	5000 IU	100 %
VITAMIN C (Ascorbic Acid)	1250 MG	2083 %
VITAMIN D (Vitamin D3)	3000 IU	750 %
VITAMIN E (Natural Vitamin E Succinate)	400 IU	1333 %
VITAMIN K1 (Phytonadione)	80 MCG	100 %
VITAMIN K2 (MK7)	45 MCG	56 %
THIAMINE (Vitamin B1)	75 MG	5000 %
RIBOFLAVIN (Vitamin B2)	70 MG	4118 %
VITAMIN B3 (Niacin - Two-Stage, Low Flush)	105 MG	525 %
VITAMIN B5 (Pantoic Acid)	60 MG	300 %
PYRIDOXINE (Vitamin B6)	100 MG	5000 %
FOLIC ACID	1000 MCG	250 %
CYANOCOBALAMIN (Vitamin B12)	250 MCG	4167 %
BIOTIN (d-Biotin)	660 MCG	220 %
PANTOTHENIC ACID (Calcium Pantothenate)	180 MG	1800 %
CALCIUM (Carbonate & Citrate)	600 MG	60 %
IODINE (From kelp)	275 MCG	183 %
MAGNESIUM (Oxide & Glycinate)	600 MG	150 %
ZINC (Oxide & Citrate)	40 MG	267 %
SELENIUM (Sodium Selenate)	250 MCG	357 %
COPPER (Glycinate)	2.5 MG	125 %
MANGANESE (Sulfate & Citrate)	10 MG	500 %
CHROMIUM (Polysaccharate & Picolinate)	250 MCG	208 %
MOLYBDENUM (Trioxide)	150 MCG	200 %
POTASSIUM (Chloride & Succinate)	99 MG	3 %

SuperNutrition brands mean not just good nutrition, but super nutrition. That means products with the vitamin potencies you need for the energetic life you want to live. Healthier. Happier. Smarter.

— The Money Family

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optimal plus body nutrition

Vitamins are essential for life.
It takes only a small amount of vitamins to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin potency makes the difference.

Power You Feel!

There's more in it! The blend of nutrients and scientifically proven potencies in Men's Blend reduces the need to buy additional vitamins or minerals to take extra tablets.*

Calm all-day energy and better mood.
You get high potency balanced B-vitamins, 600 mg of Magnesium and herbs, like Maca, for calm all-day, feel-good energy.*

Heart health. Our blend includes 400 IU of Vitamin E, mixed tocopherols, 1250 mg of Vitamin C, 1000 mg of Folic Acid, 45 mcg of Vitamin K2 (MK7), 600 mg of magnesium and 250 mcg of Selenium.*

Balanced. Our blends provide higher potencies of a balanced B-complex and the essential minerals, married to a base of organic herbs and green foods.*

100% MONEY BACK GUARANTEE

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A dietary supplement for men of all ages.
Tablets are food-based for fast, easy disintegration.

DIRECTIONS: TAKE 2 TABLETS AFTER EACH MEAL THREE TIMES A DAY
Organic Whole Food-Based Tablets

Store in a cool, dry place or frost-free refrigerator.
Product color and aroma may vary or change over time due to natural ingredients.

***Improved Formula.**
Now with more of the nutrients you want. See our website.

optimal plus body nutrition

90 MULTIVITAMIN MULTIMINERAL TABS SUPPLEMENT
IRON-FREE

See The Proof.
www.SuperNutritionUSA.com/science.php

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

THIS BOX IS MADE FROM RECYCLED PAPERBOARD

This package is for households without young children.

BLUE AREA

BLUE AREA

BLUE AREA