

Country Life's Prosta-Max® for Men is a multifaceted complex that includes key ingredients to provide nutritional support for men's health.** Prosta-Max® contains Saw Palmetto and Pygeum, along with 6 essential vitamins and 700 mg of amino acids for added support.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST OR WHEAT
YES	CERTIFIED VEGAN BY THE AVA	NO	MILK OR SALT
YES	RECYCLABLE PACKAGING	NO	PRESERVATIVES
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS OR FLAVORS
YES	KOSHER	NO	ARTIFICIAL SWEETENERS

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.
Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

K

Certified Gluten-Free MEN'S NUTRITIONAL COMPLEX

- Includes saw palmetto and pygeum
- As well as 6 essential vitamins
- And 700 mg of amino acids

Dietary
Supplement **50** Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

PROSTA-MAX® | **FOR
MEN**

Directions: Adult males take two (2) tablets daily before a meal. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 25

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene).....	10,000 I.U. 200%
Vitamin C (as ascorbic acid).....	250 mg 417%
Vitamin E (as d-alpha tocopheryl acid succinate).....	200 I.U. 667%
Thiamin (vitamin B1)(as thiamine hydrochloride).....	25 mg 1,667%
Riboflavin (vitamin B2).....	30 mg 1,765%
Vitamin B6 (as pyridoxine hydrochloride).....	20 mg 1,000%
Calcium (as calcium carbonate).....	142 mg 14%
Zinc (as zinc histidinate).....	50 mg 333%
Copper (as copper amino acid chelate) [rice flour based])... 3 mg 150%	
Glycine (free form).....	250 mg *
L-Glutamic Acid (free form).....	250 mg *
L-Alanine (free form).....	200 mg *
Vegetable Oil Phytosterols (from soybean oil).....	200 mg *
(seed) (Phytosterols 90%, Total Phytosterols 180 mg including 90 mg Beta Sitosterol)	
Saw Palmetto (serenoa repens) (berry).....	100 mg *
Pygeum (pygeum africanum)(bark).....	100 mg *
Stinging Nettle (urtica dioica) (leaf).....	100 mg *
Lycopene (from tomato extract).....	3 mg *

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze. Contains soy.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1601