

“World’s Best Multi”

The *Ultra Multi* is the ultimate, state-of-the-art, All-In-One Multi, composed of over 87 premium ingredients and formulated with over 25 years of breakthrough research ... with an exclusive Superfood/Herbal Base of 1450 mg. and Super Antioxidant/Bioflavonoid Blend of 450 mg.

This unique formula is balanced, complete and whole, providing significant levels for optimum health and vitality.†

SUGGESTED USE: Six tablets daily, with a meal.

Contains no: yeast, wheat, corn, sweeteners, artificial coloring, or added animal derivatives.

Product color may change over time due to natural ingredients. Store in a cool dry place.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

ALTRUM®



Ultra Multi

Multi-Vitamin, Mineral,
Superfood, Herbal Supplement

180 Tablets

Supplement Facts

Serving Size 6 tablets Servings per Container 30	Amount per Serving	% Daily Value
Vitamin A (as beta carotene and palmitate)	10000 IU	200%*
Vitamin C (ascorbic acid and acerola cherry)	500 mg	833%*
Vitamin D (as cholecalciferol)	400 IU	100%*
Vitamin E (as d-alpha succinate)	100 IU	333%*
Vitamin K1 (as phyloquinone)	30 mcg	38%*
Thiamin (as thiamine HCl)	22 mg	1467%*
Riboflavin	25 mg	1471%*
Niacin (as niacin and niacinamide)	80 mg	400%*
Vitamin B6 (as pyridoxine HCl)	30 mg	1500%*
Folic Acid	800 mcg	200%*
Vitamin B12 (as cyanocobalamin)	90 mcg	1500%*
Biotin	300 mcg	100%*
Pantothenic Acid (as d-calcium pantothenate)	80 mg	800%*
Calcium (as calcium AAC, carbonate, citrate and dicalcium phosphate)	500 mg	50%*
Iron (Iron AAC)	18 mg	100%*
Phosphorus (as dicalcium phosphate, phosphorus AAC)	200 mg	20%*
Iodine (from kelp)	200 mcg	133%*
Magnesium (as magnesium oxide, AAC)	200 mg	50%*
Zinc (as zinc AAC)	22 mg	147%*
Selenium (as selenomethionine)	85 mcg	121%*
Copper (as copper AAC)	1 mg	50%*
Manganese (as manganese AAC)	16 mg	800%*
Chromium (as chromium AAC, polynicotinate)	120 mcg	100%*
Molybdenum (as molybdenum AAC)	50 mcg	67%*
Potassium (as potassium citrate)	90 mg	3%*
Proprietary Vegetable Concentrate Blend Carrot, spinach, tomato, beet, broccoli, Brussels sprout, cauliflower, kale	450 mg	**
Proprietary Herbal Support Blend Green tea (leaf), Gotu kola (herb), Fo-Ti (root), Sarsaparilla (root), Ginger (root), Dandelion (root), Peppermint (leaf)	400 mg	**

Other ingredients: Dicalcium phosphate, vegetable stearic acid, plant cellulose, cellulose gum, vegetable stearate, silicon dioxide.

Distributed by **Altrum Nutrition Div. of AMSOIL INC.**
Superior, WI 54880 (715) 392-7101

	Amount per Serving	% Daily Value
Proprietary Superfood Blend Bee pollen, alfalfa, barley grass, chlorella, spirulina, parsley, royal jelly	350 mg	**
MSM	300 mg	**
Proprietary Flavonoid Blend Citrus bioflavonoids, grape seed extract, hesperidin complex, grape skin extract, pine bark extract, quercetin, rutin	150 mg	**
Proprietary Herbal Extract Blend Eleuthero extract (root), Astragalus extract (root), Schisandra extract (fruit), American Ginseng extract (root), Ginkgo extract (leaf), Rehmannia extract (root)	150 mg	**
Lecithin	100 mg	**
Proprietary Sea Vegetable Blend Bladderwrack, kelp, nori, wakame	100 mg	**
Choline (as choline bitortrate)	60 mg	**
Inositol	60 mg	**
L-Glutamic acid	60 mg	**
PABA	60 mg	**
Proprietary Enzyme Blend Bromelain, papain	60 mg	**
Rice Bran	60 mg	**
Betaine (as trimethylglycine)	60 mg	**
Boron (as citrate)	1 mg	**
Octacosanol (from wheat germ)	1000 mcg	**
CoQ10	500 mcg	**
Vanadium (as vanadium AAC)	30 mcg	**

* Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

PRODUCT CODE
DNU-01