Supplement Facts

ITTAMIN A (Palmotal)
ITTAMIN C (Ascendir Acid)
ITTAMIN D (Vitamin CI)
ITTAMIN E (Natural CI)
ITTAMIN E (Natural Mitemin E Succinate)
ITTAMIN K1 (Physicadione)
ITTAMIN K2 (MKC)

VITAMIN KZ (MKC) THIAMINE (Vitamin (R) RIBOFLAVIN (Vitamin (R) VITAMIN B3 (Wacio – Two-Stage, Low Flust)

FOLIC ACID CYANOCOBALAMIN (Vitamie 812) BIOTIN (#-Blote) PANTOTHENIC ACID (Carcium Pantotherany

IDDINE (From Kelp) MAGNESIUM (Diode & Blychate)

COPPER (Chychate)
MANSANESE (Softer & Christe)
CHROMILM (Polyelcafronte & Picalinate)
MCL*ECOPIUM (Fronte)
POTASSIUM (Children & Succinate)

erving Size 2 Packets of 4 Tablets Each

80 MCG 45 MCG 65 MS 74 MG 80 MS 60 MG 175 MS 1000 MCG

1000 MCG 1000 MCG 600 MCG 175 MG 1500 MG 225 MCG 600 MS 30 MG 250 MCG 10 MS 250 MCG 10 MS 250 MCG 150 MCG

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Super Nutrition





Vitamins are essential for life. It takes only a small amount of vitamins There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin potency makes the difference.

Before, During and After

Feel great before, during and after menopause. Our blend of nutrients and scientifically proven potencies reduces the need to buy additional vitamins or minerals or take extra tablets."

Bone health. Contains 1,500 mg of Calcium, 4,000 IU of Vitamin D, 600 mg of Magnesium, 1500 mg of Vitamin C, and full potencies of eight other bone-building nutrients. all to bein support hose strength throughout life "

Heart health and mental clarity. Rich in Vitamins C, E, 86. B12 and Folic Acid. all at potencies shown to be effective in supporting heart health while beloing to improve mental clarity and memory. You get 800 IU of Vitamin E, 1000 mcg of Folic Acid and 250 mcg of Selenium for heart health,

plus 250 mcg of Chromium.* Optimum energy. Our orthomolecular balance and optimal potencies of nutrients are specifically designed to provide you with extra energy, strength and stamina, without

See The Proof.

www.SuperNutritionUSA.com/science.php QUESTIONS? Call Us Toll Free: 800.262.2116

*These statements have not been evaluated by the U.S. EDA. This



BETARE (NC) BETARE (NC) BEFLAIGNOIDS (From Citiza) BORON (From Kinde Cycle Boron) CHOLINE (Startose)

CHOLINE (Bitartose)
DIAA (Docosatexaeroic Acid)
GLUTAMIC ACID (HCI)
HESPERION (From Clove)

| NC6170L | 25 MG | PABA (Para Amico Record Acid) | 66 MG | RUTIN | 29 MG | VIT.E MINED TOCOPHEROLS (Samona) | 7 MG |

VIT E MINED TOODPHEFOLS (Samona) 7 MG (Alpha, Becs, Centa) 4 MG VITEX (5 1 Extract) 200 MG (THER MEASEDENTS: Microscyntaline Cellulose,

Croscamelicee Sodium, Magnesium Stande, Stearle Acid, Caloum Silicate, Cat-0-Sil

To women who are approaching menopo in menopause, and past menopause:

"This time can be wonderful for "This time can be wonderful for women, when years of experiences yield special insight and file enhancing sides, Athrough this file change receives sides, Athrough this file change receiver file more empowered, energiated and focused. As we continue to grow and change, so do our rustritional models. The Menopalue Muttgle was needs and Vitamin Dio support storing healthy boses throughout life, Folic Acid, Vitamins C.E. Bid & BID, Folic Acid, Vitamins C

menopausal and post-menopausal symptoms. It's a time in life when we can reflect backward, look forward with enthusksm, and choose to do so in good health. Enjoy the Menopause Multiple and your good health."

-Kathy Mooney, Founder's Daughter Healthy Bones • Healthy Heart • Optimum Energy • Mental Clarity

Now with Vitamin K2 (MK7) and 4,000 IU of Vitamin D VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn

Organic Whole Food-Based Tablets



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*Improved Formula. Now with more of the nutrients you want. See our website. Store is a cool, dry place or frost-free refrigerator. Product color and aroma may vary or change overtime due to natural incredients.



Before, During and After



ANTIOXIDANT-RICH MULTIVITAMIN The most effective multivitamin known to science. Feel great before, during

60/4 MULTIVITAMIN

and after menopause."

IRON-FREE

FORMULATED BY AND MANUFACTURED FOR Super

Nutrition www.SuperNutritionUSA.com Oakland, California 94612

A Dietary Supplement for Women in the stages

of Perimenopause, Menopause and Post-menopause. DIRECTIONS: TAKE 1 PACKET AFTER BREAKFAST AND

1 PACKET AFTER LUNCH OR DINNER.

Tablets are food-based for fast, easy disintegration.

ENRICHED WITH ORGANIC HERRS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

ORGANIC HERR & WHOLF FOOD RLEND - 150 MG-

Rose Hips, Black Cohesh rt., Rehmannia rt., Atractylofes Lancea rt.
Turmeric rt. Red Clover S. Damiana M. Wild Yam rt. Flax Seed. Cramp Back

Dandelion rt., Maca rt., Nattles If., Licerice rt., Ginger rt., Resemary III Spiruling h., Chlorella h., Alfalfa If., Ginkeo Biloba If., Hawthorn If. & fl

Bougainvillea fl., Red Rose Buds fl., Hibiscus fl., Lavender fl., Passion flower



product is not intended to diagnose, treat, cure or prevent any disease