

PRODUCT INFORMATION

Three capsules typically provide:

		%RDA*
Vitamin C	90mg	113
Iron	0.75mg	5
Zinc	3mg	30
Copper	0.375mg	
Collagen hydrolysate (marine, non shark)	1200mg	
MSM	150mg	
Centella asiatica	210mg	
Aloe vera 200:1	75mg	
Chlorophyll	30mg	
Horsetail	30mg	

*RDA = Recommended Daily Allowance

INGREDIENTS: Hydrolysed collagen (from fish [including tilapia, catfish and pangasus catfish]), capsule: hydroxypropyl methylcellulose (carrageenan)*; *Centella asiatica* (gotu kola), methyl sulphonyl methane, vitamin C (as ascorbic acid), aloe vera 200:1, chlorophyllin, natural horsetail, anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide; anti-caking agent: stearic acid*; zinc citrate, ferrous sulphate, copper gluconate. *(vegetarian source)

DOES NOT CONTAIN: sugar, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

Active Marine
Collagen**COLLAGEN
RESTRUCTURING
COMPLEX**with
Centella asiatica**90****CAPSULES
FOOD SUPPLEMENT****COLLAGEN RESTRUCTURING
COMPLEX
90 capsules**

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DIRECTIONS: Take 3 capsules before bed with a glass of water, or as your health professional advises. As an optional extra also take 3 in the morning for the first month. Drink 1-2 litres of water throughout the day to optimise results. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This product is not tested on animals.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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