PRODUCT INFORMATION		
Four capsules typically provide:		%RDA*
Vitamin E (30iu)	20mg α-TE	166
Thiamin (vitamin B1)	4.4mg	400
Vitamin B6 (pyridoxine HCl)	10mg	714
Folic acid	200µg	100
Vitamin B12	400µg	16,000
Tri-methylglycine	1200mg	
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	
*RDA = Recommended Daily Allowa		

INGREDIENTS: Betaine anhydrous, I-arginine HCl, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium

drowde)* I.-kamiline Hartrate, bulking agent: microcrystalline cellulose; bromelain (carrier; potato malitodextrin); co-enzyme Q10. d-alpha tocopheny! sucrinate, anti-caking agent: silicon dioxide, anti-caking agent: magnesium stearate*; pyridoxine HCI, thiamin HCI, methy/cobalamin; folic acid. "Iveetarian sources"

DOES NOT CONTAIN: sugar, salt, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings. This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



CARDIO HEART NUTRIENTS

plant based nutrients with B vitamins and amino acids

6 capsules

CARDIO HEART NUTRIENTS 6 capsules 8CAR-B

Thiamin contributes to the normal function

DIRECTIONS: Adults, take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals or as your health professional advises. Do not exceed recommended daily intake.

✓ Folate, vitamins B6 and B12 contribute to

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

advised to consult a nutritionist before taking this product.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight
and store in a cool, dry, steam-free environment as
damp conditions can affect the product quality.





HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com