

PRODUCT INFORMATION

One capsule typically provides:

Protease 4.5 (15000HUT)	30mg	Glucoamylase (5AGU)	11mg
Fenugreek seed	25mg	Lipase (200FCCLU)	10mg
Ginger rhizome	25mg	Peptidase (2000HUT)	8mg
Fennel seed	25mg	Diastase (200DP ^o)	7.4mg
Amylase (2500DU)	16.7mg	Xylanase (250XU)	5mg
Invertase (150SU)	15mg	Cellulase (300CU)	3.8mg
Protease 3.0 (15SAPU)	14mg	Lactase (100ALU)	1mg
Protease 6.0 (6000HUT)	12mg		

INGREDIENTS: Protease, vegetarian capsule: hydroxypropyl methylcellulose; fenugreek seed pdr, ginger rhizome pdr, fennel seed pdr, amylase (from **soya**), invertase, glucoamylase (preservatives: sodium benzoate, potassium sorbate), bulking agent: rice bran; lipase (from **soya**), peptidase, diastase, xylanase (preservative: potassium sorbate), cellulase (preservative: sodium benzoate) (from **milk**), lactase (from **milk**). pdr=powder.

Soya and dairy products are used in the manufacture of this product.

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians.

This product is not tested on animals.

HIGHER NATURE®

GLUTEN
FREE

SUPERGEST

vegetarian enzyme
and plant formula

30 capsules
FOOD SUPPLEMENT

SUPERGEST 30 capsules

SUG030

113

✓ Contains enzymes naturally found in the body which break down proteins, carbohydrates & fat.

DIRECTIONS: Take 1-3 capsules a day (children over 8 years, 1 capsule), one with each meal, or as your health professional advises. If taking 1 capsule a day, take with a main meal. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.
Keep out of reach of children.
Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



SUG-094-04

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
www.highernature.com