

MT™ THE MOST POWERFUL SUPPLEMENTS ON EARTH.™

At MuscleTech®, our researchers are passionate about supplements. Our mission is to develop the most scientifically advanced and effective supplements to help you build muscle and strength, lose weight, and improve athletic performance. Thanks to our millions of loyal customers, we are fortunate to be the most-awarded and best-selling sports nutrition brand over the past 20 years. Many supplement companies do not disclose their ingredients, and don't invest in science and research, or quality control. We are different. MuscleTech® invests millions in product research and development, and quality control – and our supplement facts always tell you EXACTLY what you are getting: The Most Powerful Supplements on Earth!



MuscleTech® is the Leader in Science with a Multi-Million Dollar Research Budget – A portion of every dollar spent on MuscleTech® supplements is allocated toward scientific research to discover new and more effective ways to increase lean muscle and strength, and improve athletic performance. In fact, Team MuscleTech® researchers have collaborated with researchers at over 20 universities and research facilities around the world to study the various key ingredients found in our powerful formulas.

Platinum Phosphatidylserine – Platinum Phosphatidylserine is the world's most powerful phosphatidylserine supplement that delivers a daily clinically studied 600mg dose of phosphatidylserine.

This precise dose was shown in a 10-day clinical study to help subjects suppress cortisol levels by 39% more than when they used a placebo. It also significantly improved subjects testosterone to cortisol ratio which can help combat exercise-induced stress for improved recovery post-workout.¹ Researchers believe phosphatidylserine could increase the rate of glucose transported into muscle cells and, therefore, enhance recovery of muscle glycogen following strenuous exercise.^{2,3} What's more, Platinum Phosphatidylserine is completely free of stimulants, and is an excellent addition to your musclebuilding stack.

1. Starks et al., 2008. *J Int Soc Sports Nutr.* 5:11.
2. Jäger et al., 2007. *J Int Soc Sports Nutr.* 4:5.

NEW

MUSCLETECH
RESEARCH & DEVELOPMENT



ESSENTIAL SERIES

PLATINUM PHOSPHATIDYL SERINE

**HIGH POTENCY
PHOSPHATIDYLSERINE**

**REDUCES CORTISOL
TO SUPPORT
MUSCLE RECOVERY**

**IMPROVES
TESTOSTERONE
TO CORTISOL RATIO**

150mg
PHOSPHATIDYL
SERINE

60
COUNT

60 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value
Phosphatidylserine-enriched soy lecithin	300mg †
Supplying 150mg of phosphatidylserine	

†Daily Value not established.

OTHER INGREDIENTS: MAGNESIUM STEARATE, CAPSULE (GELATIN, TITANIUM DIOXIDE), SILICON DIOXIDE, DICALCIUM PHOSPHATE. **CONTAINS SOY INGREDIENTS.**

DIRECTIONS: Take 1 serving (1 capsule) up to 4 times daily with a glass of water. Read the entire label before use and follow directions provided.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a doctor before use if you have a medical condition and before starting a diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

†MuscleTech® is America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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