

SUGGESTED USAGE: As a dietary supplement for mood and behavior support, take 1 - 2 level teaspoons twice daily; as a dietary supplement for the support of female hormonal balance, take 1 level teaspoon twice daily, or take as directed by your healthcare practitioner.

HOW IT WORKS: Inositol is a necessary component of all cellular membranes. It is a member of the B-Vitamin family that contributes to muscular and nerve function, and participates in the metabolism of fats in the liver.* Myo-Inositol is the most abundant form of this nutrient, with its highest concentrations being found in the brain and central nervous system. Myo-Inositol in particular is a versatile nutrient for the promotion of emotional and mental wellness, healthy eating patterns, and restful sleep through the critical role it plays in neurotransmitter messaging systems.* In addition, it is a critical nutritional element for the maintenance of ovarian health and blood sugar maintenance, especially in women.*

CAUTIONS/INTERACTIONS: If you suffer from bipolar disorder, take only under the direction of your healthcare practitioner. No known drug interactions. May cause drowsiness; may cause mild, but transient gastrointestinal discomfort when used in higher doses.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE®

Myo-Inositol Powder

- Supports a Healthy Mood, Emotional Wellness, and Behavior*
- Healthy Ovarian Function*

Net Wt. 1 lb. (454 g)

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Level Teaspoons (6 g)
Servings Per Container about 76

Amount Per Serving

Inositol Powder	6 g (6,000 mg)*
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* Daily Value not established.

Other ingredients: None.

Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA
www.protocolforlife.com/P0529

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Caution: Do Not Eat Freshness Packet Enclosed.

Store in a cool, dry place after opening.

Please Recycle.



CODE P0529
V3