

SUGGESTED USAGE: Shake well before use. As a dietary supplement, spray 2 times under tongue, hold for 20 seconds and then swallow. Consume 1 to 2 times daily, or as directed by your healthcare practitioner. Best when taken with a fat-containing meal.

HOW IT WORKS: This Protocol for Life Balance® product combines two extensively researched nutrients in a convenient liposomal spray. Both Vitamin D₃ and Vitamin K₂ are well known for their roles in the maintenance of skeletal health.* In addition, emerging research indicates that both of these vitamins are also important for a healthy cardiovascular system.*

CAUTIONS/INTERACTIONS: Vitamin K₂ may interact with anticoagulant medications; in addition, Vitamin E supplements may affect Vitamin K₂ metabolism. Vitamin D₃ should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. If you are taking anticoagulant or any other pharmaceutical medications, high doses of supplemental Vitamin E, or if you have any bleeding disorder, consult your healthcare practitioner before using this product. www.protocolforlife.com/P0381

Contains Xylitol, do not feed to pets.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE®

Vitamins D₃ & K₂ Liposomal Spray

2,000 IU Vit D₃ &
200 mcg Vit K₂ per serving

- Supports Bone Health*
- Healthy Cardiovascular System*

Net Contents
2 fl. oz. (60 mL)

A Dietary Supplement



Supplement Facts

Serving Size 2 Sprays (~1.5 mL) Servings Per Container ~40

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	2,000 IU	500%
Vitamin K ₂ (as Menaquinone)	200 mcg	250%

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, MCT Oil (medium chain triglycerides), Natural Fruit Flavors, Phospholipids (soy), Rosemary Extract (*Rosmarinus officinalis* (Leaf), Potassium Sorbate (as preservative) and Citric Acid.

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening.

CODE P0381 V3

