

PRODUCT INFORMATION:

3 tablets typically provide:

		%NRV*
Vitamin D (400iu)	10µg	200
Vitamin C	120mg	150
Vitamin B6	10mg	714
Calcium	414mg	51
Magnesium	210mg	56
Zinc	5mg	50
Copper	2mg	200
Manganese	4mg	200
Boron	3mg	
Silicon	13mg	
True Food® Superpotency Soyagen	120mg	

*NRV = Nutrient Reference Value

INGREDIENTS:

Lithothamnion calcarea, bulking agent: microcrystalline cellulose; magnesium oxide, magnesium citrate, calcium ascorbate, enzyme pre-digested whole **soya** fermented with saccharomyces cerevisiae (food yeast), anti-caking agent: magnesium stearate (vegetarian source); zein protein coating, silicon dioxide, sodium borate, manganese citrate, zinc citrate, pyridoxine HCl, copper citrate, ergocalciferol.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, wheat.

Suitable for vegetarians and vegans.

This product is not tested on animals.

higher nature®

SUPER OSTEOFOOD WITH CALCIUM, VITS C & D

ULTIMATE NUTRITION

FOOD SUPPLEMENT

90
tablets

SUPER OSTEOFOOD

- ✓ Calcium is needed for maintenance of normal bones.
- ✓ Vitamin D, magnesium, manganese and zinc support normal bones.
- ✓ Vitamin C supports collagen formation for normal bones.

DIRECTIONS:

Take 3 tablets a day, with meals, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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