

PRODUCT INFORMATION

One capsule typically provides:

Oregano Oil 50mg
(minimum 35% carvacrol, 27.5% thymol)

INGREDIENTS: Emulsifier: soya bean lecithin; vegetarian capsule: hydroxypropyl methylcellulose; oregano (*Origanum vulgare*) flower essential oil (minimum 35% carvacrol and 27.5% thymol).

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



OREGANO OIL 50mg 90 capsules

✓ Oregano oil supports gut health, digestion and liver health.

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DIRECTIONS: Take 1 capsule 3 times a day (children 6-15 years, take 1 capsule a day), with meals, building gradually, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if pregnant, planning pregnancy, breast-feeding, or in cases of colitis, gastritis, or stomach or intestinal ulcers.

Oregano is a spicy cooking herb that is commonly used to flavour savoury dishes. It is a Mediterranean herb, first cultivated in ancient Greece thousands of years ago. Naturally contains carvacrol and thymol.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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