PRODUCT INFORMATION

One capsule typically provides: Oregano Oil (minimum 35% carvacrol, 27.5% thymol)

50mg

INGREDIENTS: Emulsifier: sova bean lecithin: vegetarian capsule: hydroxypropyl methylcellulose: oregano (Origanum vulgare) flower essential oil (minimum 35% carvacrol and 27.5% thymol).

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings. Suitable for vegetarians and vegans.

This product is not tested on animals.





HIGHER NATURE®



30 capsules VEGAN **FOOD SUPPLEMENT**

OREGANO OIL 50mg 30 capsules

✓ Oregano oil supports gut health, digestion and 000030 liver health DIRECTIONS: Take 1 capsule 3 times a day (children 6-15 years, take 1 capsule a day), with meals, building gradually, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if pregnant, planning pregnancy, breast-feeding, or in cases of colitis, gastritis, or stomach or intestinal ulcers

Oregano is a spicy cooking herb that is commonly used to flavour sayoury dishes. It is a Mediterranean herb, first cultivated in ancient Greece thousands of years ago. Naturally contains carvacrol and thymol.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



HIGHER NATURE Burwash Common, East Sussey, TN19 7LX, LIK www.highernature.com