

*This natural Vitamin E supplement is an exceptional, full spectrum blend of health-promoting tocopherols.\* Studies support the ability of Vitamin E to promote heart health and antioxidant support.\* This blend includes the important alpha and gamma forms of Vitamin E, ensuring you receive a sufficient daily supply.*

 Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy you  
Healthy earth

Prod. No. 467 B50411 03C

NATURE'S  BOUNTY®

100% NATURAL

**E-400<sub>IU</sub>**

**Promotes:**

- ◆ Immune Health\*
- ◆ Heart Health\*
- ◆ Circulatory Health\*
- ◆ Healthy Skin\*

RAPID RELEASE  
LIQUID SOFTGEL



Contains a full spectrum  
of Tocopherols

100 softgels VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin E	400 IU	1,333%
(as d-Alpha Tocopherol plus d-Beta, d-Gamma, d-Delta Tocopherols)		

**Other Ingredients:** Gelatin, Vegetable Glycerin, Soybean Oil.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications, or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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