



2 SCOOPS
50g OF PROTEIN



1 SCOOP
25g OF PROTEIN

WAYS TO MIX



SHAKER

ADD 1 SCOOP TO YOUR SHAKER. CLOSE AND SHAKE FOR 30 SECONDS.



BLENDER

ADD 1 SCOOP TO BLENDER. BLEND FOR 20 SECONDS, ADD ICE AND BLEND FOR 20 EXTRA SECONDS.



STIR

ADD 1 SCOOP TO LARGE GLASS. STIR FOR 20-30 SECONDS OR UNTIL THE POWDER IS COMPLETELY DISSOLVED.

*Naturally existing as part of the whey blend.

ProHydrolase® is a trademark of Deerland Enzymes, all rights reserved.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† When combined with a proper exercise and nutrition regimen. Statements based on early stage independent 3rd party in vivo and / or in vitro model scientific research. Data findings for individual ingredients.



Manufactured for and Distributed By: hpi Sports, Wellesford, UT, 33312.
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BANANA MARSHMALLOW

NATURAL AND ARTIFICIAL FLAVORS

DELICIOUS FLAVOR • MIXES EASILY!

WHEY HD

ULTRA PREMIUM WHEY PROTEIN POWDER

TO BE USED IN CONJUNCTION WITH:

• **STRENGTH / MUSCLE BUILDING PROGRAMS[†]**

• **NUTRITION / WEIGHT LOSS PROGRAMS[†]**

25G PROTEIN
PER SCOOP

NET WEIGHT 2.15 LBS (975 GRAMS)

DIETARY SUPPLEMENT

25
SERVINGS

MIX
1 SCOOP
IN 5 TO 6oz OF
COLD WATER
IMMEDIATELY AFTER
WORKOUT

25G
PROTEIN
PER SCOOP

55G
BCAAs*

GLYCEROL
MONOSTEARATE

PRE POST

**25g OF PROTEIN PER SCOOP!
ONLY 1g OF SUGAR!**

Please read entire label before use.

SUGGESTED USE: Mix thoroughly in 5 to 6 ounces of ice cold water and drink immediately after workout or strenuous activity. May also be taken anytime to promote recovery and help build strong muscles.^{††} For optimal results, use in conjunction with a proper diet and always consult with a physician prior to beginning a training regimen.

Supplement Facts

Serving Size 1 Scoop (39 grams)

Servings Per Container 25

Amount Per Serving		% Daily Value
Calories	130	
Calories from Fat	18	
Total Fat	2 g	3% [†]
Saturated Fat	1 g	5% [†]
Cholesterol	50 mg	17%
Total Carbohydrate	3 g	1% [†]
Dietary Fiber	2 g	8% [†]
Sugars	1 g	**
Protein	25 g	50% [†]
Calcium	125 mg	13%
Sodium	80 mg	3%

[†] Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Muscle building protein blend (whey protein concentrate, milk protein concentrate, whey protein isolate, milk protein isolate), maltodextrin, natural and artificial flavors, fiber blend (cellulose gum, xanthan gum, carrageenan gum), silica, sucralose, acesulfame-k, glycerol monostearate, and ProHydrolase® (proprietary/patented enzyme blend).

Contain(s): Milk and soy.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS, EGG, TREE NUTS AND WHEAT.