

PRODUCT INFORMATION

One tablet typically provides:
Selenium (elemental)
as selenomethionine

200µg

INGREDIENTS: Bulking agent: natural *Lithothamnion calcarea*; selenium (as selenomethionine prep.), anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*; zein protein coating. * (vegetarian source)

DOES NOT CONTAIN: sugar, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

SELENIUM

200µg

60 tablets

VEGAN

FOOD SUPPLEMENT

SELENIUM 200µg 60 tablets

DIRECTIONS: Take 1 tablet a day (children over 8 years, 1 every other day), with a meal, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



SEL060
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SEL-087-01

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