

PRODUCT INFORMATION:

One tablet typically provides: **%RDA***
Kelp (dried and powdered) 300mg
 providing 150-360µg iodine 100-240

***RDA** = Recommended Daily Allowance

INGREDIENTS:

Natural kelp powder†, bulking agent: potato maltodextrin; anti-caking agent: stearic acid*; anti-caking agent: silicon dioxide. *(vegetarian source) † May contain naturally occurring fish and crustacea.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, soya, sugar, wheat, yeast.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

Suitable for vegetarians and vegans.

This product is not tested on animals.



higher nature

OCEAN KELP NATURAL SOURCE OF IODINE

ULTIMATE NUTRITION

FOOD SUPPLEMENT

180
tablets

OCEAN KELP IODINE FROM SEAWEED

- ✓ Iodine contributes to normal production of thyroid hormones and normal thyroid function.
- ✓ Iodine contributes to maintenance of normal skin.
- ✓ Iodine contributes to normal energy yielding metabolism.

DIRECTIONS:

Take 1-2 tablets a day, with meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

Consult your doctor if you are under medical supervision.

KEL180
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KEL-045-01

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