

PRODUCT INFORMATION

One level teaspoon typically provides:
Fructo-oligosaccharides (FOS)

3g

INGREDIENTS: Fructo-oligosaccharides.

DOES NOT CONTAIN: salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

FOS FRUCTO-OLIGOSACCHARIDES food for friendly bacteria

200g powder
VEGETARIAN
FOOD SUPPLEMENT

FRUCTO-OLIGOSACCHARIDES 200g powder

✓ Food for friendly bacteria.

DIRECTIONS: Sprinkle ½ level teaspoon a day onto cereal or fruit, or stir into juice, building gradually to 2-3 level teaspoons a day (children over 5 years, ¼ level teaspoon a day, building gradually to 1 level teaspoon a day), or as your health professional advises. Do not exceed recommended daily intake.

Can also be used for baking and to sweeten hot drinks, or be used as a healthy alternative to sugar and sweeteners

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Do not refrigerate. This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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