

#### PRODUCT INFORMATION

One capsule typically provides:

|                              |        |
|------------------------------|--------|
| Starflower Oil               | 1000mg |
| of which:                    |        |
| - Gamma-Linolenic Acid (GLA) | 220mg  |

**INGREDIENTS:** Starflower oil (borage) (antioxidant: citric acid); capsule shell: gelatine, glycerine; antioxidant: mixed tocopherols (natural vitamin E).

**DOES NOT CONTAIN:** sugar, salt, starch, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

**This product is not tested on animals.**



Charitable organisations policy: supplements regularly donated

# HIGHER NATURE®

## STARFLOWER OIL

**1000mg**  
**cold pressed**

**Twice the GLA of evening primrose oil**

**30 capsules**  
**FOOD SUPPLEMENT**

## STARFLOWER OIL 30 capsules

**DIRECTIONS:** Take 1 capsule a day, with a meal, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STARFLOWER OIL** (borage) naturally contains twice as much GLA as evening primrose oil. GLA is a precursor for the body's production of prostaglandins which regulate many body functions. On average, each capsule contains 220mg GLA.

This bottle has a UV filter.  
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steamfree environment as damp conditions can affect the product quality.

**HIGHER NATURE** Burwash Common, East Sussex, TN19 7LX, UK  
[www.highernature.com](http://www.highernature.com)

**1000mg**  
ST1030



STI-092-04