



**PEA
PROTEIN**



Non-GMO
Vegetarian

Alive!

ultra-Shake™

Vanilla
NATURAL FLAVOR

WHOLE FOOD ENERGIZER™

Vitamins • Minerals • Protein • Fiber

Fruits • Vegetables • Green Foods • EFAs

Mushrooms • Enzymes • Antioxidants

COMPLETE NUTRITION

Alive! Ultra-Shake is nutrition you can feel—packed with vitamins, minerals, fruits, vegetables, protein, fiber, green foods, omega 3/6/9 fatty acids, mushrooms, antioxidants, enzymes and more!

PREMIUM PEA PROTEIN

Alive! Ultra-Shake contains easy-to-digest pea protein isolate complete with 18 amino acids, plus a lower allergen potential than soy or whey sources.

WHOLE BODY BENEFITS

Alive! Ultra-Shake provides an abundance of essential daily nutrients to support healthy:

ENERGY & METABOLISM*	
BONES*	COLON*
DIGESTION*	EYES*
HEART*	IMMUNITY*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NET WT. 20 OZ (1.3 lbs / 567 g) • DIETARY SUPPLEMENT

Recommendation: As a dietary supplement, add 1 heaping scoop to 8 fluid ounces of cold water, milk or juice (scoop included). Shake or stir until smooth. Mixes instantly, no blender required. Intended to be taken once daily. As with any supplement, if you are taking medication consult your doctor before use. Do not exceed recommended use. **Keep tightly sealed and out of reach of children.** Store in a cool, dry place.

Supplement Facts

Serving Size 1 Scoop (37 g)
Servings per Container 15

Amount Per Serving	% DV
Calories	120
Calories from Fat	5
Total Carbohydrate	15 g 5%†
Dietary Fiber	4 g 16%†
Sugars	9 g **
Protein	15 g 30%†
Vitamin A (33% [5,000 IU] as retinol palmitate, 67% [10,000 IU] as beta carotene)	15,000 IU 300%
Vitamin C (ascorbic acid)	1 g 1667%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1667%
Riboflavin (Vitamin B2)	25 mg 1471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl pyridoxal 5-phosphate)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3333%
Biotin	325 mcg 108%
Pantothenic Acid (as d-calcium pantothenate)	125 mg 1250%
Calcium (as citrate/carbonate)	250 mg 25%
Iron (from pea protein)	2 mg 11%
Iodine (as potassium iodide, from kelp/bladderwrack powder)	150 mcg 100%
Magnesium (as citrate/oxide)	125 mg 31%
Zinc (as amino acid chelate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as amino acid chelate)	2 mg 100%
Manganese (as amino acid chelate)	5 mg 250%
Chromium (as picolinate)	250 mcg 208%
Molybdenum	75 mcg 100%
Sodium	210 mg 9%
Potassium (as amino acid chelate, from xanthan gum/kelp)	75 mg 2%

Pea Protein (non-GMO isolate) 15 g **
providing amino acids: Glutamic acid, Aspartic acid, Arginine,

Amount Per Serving	% DV
Leucine, Lysine, Serine, Phenylalanine, Valine, Isoleucine, Alanine, Proline, Glycine, Threonine, Tyrosine, Histidine, Methionine, Cysteine, Tryptophan	
Multi-Fiber Blend:	3.5 g **
Oat Fiber; Chicory (root) Extract; Xanthan Gum	
Green Food/Spirulina Blend:	550 mg **
Spirulina (microalgae); Kelp/Bladderwrack (whole thallus); Alfalfa (leaf, stem); Barley Grass (grass); Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon Grass (grass); Nettie (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf)	
Citrus Bioflavonoid Complex	100 mg **
(from lemon, sweet orange, bitter orange, grapefruit) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Garden Veggies™ Juice Powder Blend:	100 mg **
Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic	
Orchard Fruits™ Blend:	100 mg **
Pomegranate (seed); Acai (whole palm fruit) Extract; Juice Powders: Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Grape; Pineapple	
Organic Mushroom Defense Blend:	100 mg **
Cordyceps; Reishi; Shiitake; Hiratake; Maitake; Yamabushitake; Himematsutake; Kawaratake; Chaga; Zhu Ling; Agarikon; Mesima	
Digestive Enzyme Blend:	100 mg **
Concentrated Enzyme formula (Protease I, Protease II, Peptidase SP, Amylase, Lactase, Invertase, Lipase, Cellulase, Alpha Galactosidase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)	
Omega 3/6/9 Fatty Acid Seed Blend:	100 mg **
Flax Seed Powder (dry, cold pressed); Sunflower Seed Powder (dry, cold pressed)	
Siberian Eleuthero (root)	50 mg **
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin	25 mg **
Boron (as amino acid chelate)	1 mg **
Lutein (from marigold)	200 mcg **

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other ingredients: 100% Pure crystalline fructose, Natural flavors, Luo han gao extract.

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