



PRE WORKOUT RITUAL™

O SUGAR FILLER CRASH

DELIVERS EXTREME ENERGY, INTENSE FOCUS, RAW POWER & STAMINA*

DIRECTIONS: Mix 1 scoop of RITUAL™ with 8-16 oz of cold water and consume 15-30 minutes before training. Do not exceed 1 scoop with first use of product. Assess your tolerance to RITUAL™ prior to increasing dose. Dose may be increased up to a maximum of 2 scoops for maximum effect (mixed in 12-16 oz of water). To avoid sleeplessness, do not take within 4 hours of sleep. Read entire label before use. **DO NOT EXCEED 2 SCOOPS IN ANY 24-HOUR PERIOD.**



WARNING: Not intended for use by persons under 18. Do not use this product if you are nursing, pregnant, or attempting to become pregnant. Contains caffeine. Do not combine with other sources of caffeine or stimulants. Consult a medical doctor before starting any diet or exercise program. Consult a physician if you have any pre-existing medical conditions or if you are using any prescription or over the counter medication. Discontinue use and consult your health care professional if you experience any adverse health effects from this product. This product may contain ingredients banned by certain sports organizations. User accepts all risks, liabilities, and consequences in regard to testing. Use only as directed. Do not exceed recommended serving under any circumstances. Do not use if packaging has been tampered with. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SERVINGS

CANDY GREEN APPLE
NATURAL & ARTIFICIAL FLAVORS

NET WT. 350g (12.4oz)
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Scoop (7.8 grams)
Servings Per Container: 45

Amount Per Serving		% DV
Vitamin C (as ascorbic acid)	100 mg	167%*
Vitamin B12 (as cyanocobalamin)	150 mcg	2500%*
Beta-Alanine	1600 mg	†
L-Citrulline	1500 mg	†
Creatine Monohydrate (micronized)	1500 mg	†
Trimethylglycine (Betaine Anhydrous)	1250 mg	†
AgruPure™ Agmatine Sulfate	500 mg	†
Synkrolabium japonicum extract (flower, bud) supplying Xanthaurine	100 mg	†

PERFORMANCE PROTOCOL Complex 600 mg †

N-Acetyl-L-Tyrosine, ON1000™ (Dendrobium nobile extract), Caffeine Anhydrous, 8-Phenylethylamine HCl, Hordenine HCl, Higenamine HCl, AstraGin™ (Astragalus membranaceus and Panax ginseng extract)

*Percent Daily Values (%DV) are based on a 2000 calorie diet. †DV not established.

OTHER INGREDIENTS: Malic Acid, Sucralose, Natural & Artificial Flavors, Calcium Silicate, Citric Acid, Acesulfame Potassium, FD&C Yellow #6, FD&C Blue #1.

